



# Where will guiding take you?



## Welcome to Girlguiding Worcestershire International Challenge badge

The badge is made up of five sections taking you on a journey around the WAGGGS regions and a sixth section which encourages you to find out more about international guiding and international opportunities available to you. The challenge is suitable for all sections - see below for suggested number of challenges for each section.

Please see our Pinterest board for more information about the activities.

(<https://www.pinterest.com/gworcestershire/challenge-badge/>)

Share your international challenges @gg\_worcs\_international

#wherewillguidingtakeyou

All money raised will go toward helping members of Girlguiding Worcestershire experience their own international adventures.

### World Association of Girl Guides and Girl Scouts (WAGGGS)

is the largest voluntary movement dedicated to girls and young women in the world, representing 10 million girls and young women worldwide.



### WAGGGS Regions

WAGGGS represents members in 150 countries, divided into five regions:

- Africa
- Arab
- Asia Pacific
- Europe
- Western Hemisphere

**RAINBOWS**

Complete 1 challenge per region and 1 challenge from the general section

**BROWNIES**

Complete 1 challenge per region and 1 challenge from the general section + 2 further challenges

**GUIDES**

Complete 2 challenges per region and 2 challenges from the general section

**SENIOR SECTION**

Complete 2 challenges per region and 2 challenges from the general section + 2 further challenges

## Africa Region



- Benin
- Botswana
- Burkina Faso
- Burundi
- Cameroon
- Central African Republic
- Chad
- Congo
- Congo, Democratic Republic of
- Gambia
- Ghana
- Guinea
- Ivory Coast
- Kenya
- Lesotho
- Liberia
- Madagascar
- Malawi
- Mauritius
- Namibia
- Nigeria
- Rwanda
- Senegal
- Sierra Leone
- South Africa
- South Sudan
- Swaziland
- Tanzania
- Togo
- Uganda
- Zambia
- Zimbabwe

## Challenges

- Learn a traditional campfire song from a county in the Africa Region
- Make a traditional dish from a county in the Africa Region
- Learn a traditional dance from a county in the Africa Region
- Learn some phrases (e.g. hello, goodbye, please, thank you, my name is...) in a language spoken in a county in the Africa Region
- Botswana baskets are widely regarded as some of the finest in Africa. Traditionally they are made from mokolwane palm leaves dyed with natural earth colours. Try your hand at basket weaving - Botswana
- Make your own tribal mask, traditionally made and worn by the Maasai people - Kenya
- Plastic bags are illegal in Rwanda, make a reusable Gatenga style shopping bag - Rwanda
- Tanzania is home many of Africa's large mammal species and its national parks offer some amazing opportunities to view game on the Savanna. Make a Savanna silhouette picture - Tanzania
- Play queah, a traditional board game - Liberia
- Many species of lemur are excellent at leaping. Visit a trampoline park - Madagascar
- Cricket is one of the most popular sports in South Africa (rugby and football are the others). The Proteas, the national team, are one of the highest ranking teams in the world. Have a go at playing cricket - South Africa
- Play kudoda, a game similar to Jacks - Zimbabwe
- In Namibia elephants can be found living in the desert, find out about the desert elephants of Namibia and play a game of elephant football - Namibia
- The Ivory Coast is the world's largest exporter of cocoa, used to make chocolate. Find out about how chocolate is made, learn about Fair Trade and why it is important, hold a chocolate tasting evening - Ivory Coast
- The Book Bus aims to improve child literacy rates. Find out how you can get involved with the work of the Book Bus

## Arab Region

- Bahrain
- Egypt
- Jordan
- Kuwait
- Lebanon
- Libya
- Mauritania
- Oman
- Qatar
- Sudan
- Syria
- Tunisia
- United Arab Emirates
- Yemen



## Challenges

- Learn a traditional campfire song from a county in the Arab Region
- Make a traditional dish from a county in the Arab Region
- Learn a traditional dance from a county in the Arab Region
- Learn some phrases (e.g. hello, goodbye, please, thank you, my name is...) in a language spoken in a county in the Arab Region
- Learn how to write your name in Arabic
- The Arab region is famous for high quality coffee, Arabic coffee represents between 60-70% of the world coffee industry. Host an Arabic coffee tasting evening
- The Dead Sea is only one of the saltiest bodies of water in the world, nearly 10 times saltier than the ocean. Make a salt foot scrub - Jordan
- Play Taq, taq, tagiah (similar to duck, duck, goose) - Qatar
- In order to survive the dry desert conditions, camels have many special adaptations. Find out about these and try building a camel out of newspaper - United Arab Emirates
- The ancient Egyptians build pyramids as tombs for the pharaohs. Create a playing card pyramid - Egypt
- Loggerhead sea turtles nest on the beaches along the Libyan coast. Make your own sea turtle - Libya
- The cedar tree is the national symbol of Lebanon, learn out about cedar trees and why they are important. Go for a walk with your unit and identify trees in your local area - Lebanon
- Plumpy nut was used during the Darfur crisis in Sudan in 2003 as an emergency treatment for malnutrition. Make your own plumpy nut bars and find out why they are so important in famine situations - Sudan
- Mosaics were commonly used in Islamic architecture, found throughout the region. Make your own mosaic - Syria
- Learn about women's rights in Oman, compared to other countries in the region and the UK - Oman

## Asia Pacific Region



- Australia
- Bangladesh
- Brunei Darussalam
- Cambodia
- Cook Islands
- Fiji
- Hong Kong
- India
- Japan
- Kiribati
- Korea
- Malaysia
- Maldives
- Mongolia
- Myanmar
- Nepal
- New Zealand
- Pakistan
- Papua New Guinea
- Philippines
- Singapore
- Solomon Islands
- Sri Lanka
- Taiwan
- Thailand
- Tonga

## Challenges

- Learn a traditional campfire song from a county in the Asia Pacific Region
- Make a traditional dish from a county in the Asia Pacific Region
- Learn a traditional dance from a county in the Asia Pacific Region
- Learn some phrases (e.g. hello, goodbye, please, thank you, my name is...) in a language spoken in a county in the Asia Pacific Region
- A rangoli is a colourful design made on the floor near the entrance to a house to welcome guests. At Diwali, Hindus draw bright rangoli patterns to encourage the goddess Lakshmi to enter their homes. Make a rangoli pattern – India
- Maori stick games (Tī tī tōrea) consist of the rhythmic throwing and catching of sticks (Te Rakau) from person to person. Traditionally boys and young men used this game to increase dexterity and alertness, while girls and young women were thought to benefit from increased adroitness for poi and dances. Play Tī tī tōrea - New Zealand
- Rugby is the national sport and the most popular team sport played in Fiji. Play tag rugby with your unit - Fiji
- Celebrate Chinese New Year (2018 is the year of the Dog) - China
- The art of the Indigenous Australians is mostly about dreamtime and is made as part of the ceremonies celebrating Dreamtime. Create some Aboriginal art - Australia
- Sepak Takraw is a traditional South Asia game, literally translating as 'kick ball' Play Sepak Takraw - Malaysia/Thailand
- *Sakura* is the Japanese word for cherry blossom, which blooms across Japan between March and May each year. The season is eagerly anticipated during the winter months, and while the blossom is out crowds of people flock to parks, gardens and riversides to eat, drink, and be merry underneath the flowers. Make a cherry blossom painting - Japan
- In Māori culture, poi performance is usually practiced by women. Make and play with poi - New Zealand
- Mount Everest is the highest mountain in the world, rising 8,848m above sea level. Visit a climbing wall and see how high you can climb - Nepal
- Hold an Asia tea tasting evening
- Malala Yousfzai is Pakistani activist for female education and the youngest Nobel Prize laureate (winning the Nobel Peace Prize in 2014). Find out about her and her advocacy work - Pakistan

## Europe Region



- Armenia
- Austria
- Belarus
- Cyprus
- Czech Republic
- Denmark
- Estonia
- Finland
- France
- Georgia
- Germany
- Greece
- Hungary
- Iceland
- Ireland
- Israel
- Italy
- Latvia
- Liechtenstein
- Lithuania
- Luxembourg
- Malta
- Monaco
- Netherlands
- Norway
- Poland
- Portugal
- Romania
- Russian Federation
- San Marino
- Slovak Republic
- Slovenia
- Spain
- Sweden
- Switzerland
- Turkey
- Ukraine
- United Kingdom



## Challenges

- Learn a traditional campfire song from a county in the Europe Region
- Make a traditional dish from a county in the Europe Region
- Learn a traditional dance from a county in the Europe Region
- Learn some phrases (e.g. hello, goodbye, please, thank you, my name is...) in a language spoken in a county in the Europe Region
- Make a Guiding scene with lego - Denmark
- The Leaning Tower of Pisa is the bell tower of the Pisa cathedral and has been leaning since construction began in the 12th century. Recreate the Leaning Tower of Pisa with spaghetti and marshmallows - Italy
- Cheese fondue is a national dish of Switzerland and a symbol of Swiss unity. Hold a fondue evening- Switzerland
- Matryoshka (or Russian) dolls are a set of nesting figures, traditionally made from wood and decorated. Make a set of Matryoshka dolls - Russian Federation
- Try boules - France
- Iceland is home to many active volcanos including Eyjafjallajökull. Make a volcano - Iceland
- The Brothers Grimm collected and published folk tales, many of which are still famous today. Learn about one of their tales - you could read, watch or even put on a play. - Germany
- In Sweden dove decorations are hung in windows at Christmas time. Make a Swedish dove - Sweden
- Pysanka are traditional Ukrainian Easter eggs decorated using a wax-resist method. Try making Pysanka eggs - Ukraine
- Many countries in Europe are now part of a single currency (the Euro), however Bulgaria, Croatia, Czech Rep. Denmark, Hungary, Poland, Romania, Sweden and UK retain their own currencies. Find out about difference currencies, exchange rates etc
- During the second world war Girl Guides from around Europe were involved in the war effort. Learn some of the amazing stories in How The Girl Guides Won The War

## Western Hemisphere Region



- Antigua + Barbuda
- Argentina
- Aruba
- Bahamas
- Barbados
- Belize
- Bolivia
- Brazil
- Canada
- Chile
- Colombia
- Costa Rica
- Curaçao
- Dominica
- Dominican Republic
- Ecuador
- El Salvador
- Grenada
- Guatemala
- Guyana
- Haiti
- Honduras
- Jamaica
- Mexico
- Nicaragua
- Panama, Republic of
- Paraguay
- Peru
- Saint Kitts + Nevis
- Saint Lucia
- Saint Vincent + The Grenadines
- Surinam
- Trinidad + Tobago
- United States of America
- Venezuela

## Challenges

- Learn a traditional campfire song from a county in the Western Hemisphere Region
- Make a traditional dish from a county in the Western Hemisphere Region
- Learn a traditional dance from a county in the Western Hemisphere Region
- Learn some phrases (e.g. hello, goodbye, please, thank you, my name is...) in a language spoken in a county in the Western Hemisphere Region
- The Aurora Borealis (the Northern Lights) can often be seen in the northern Canadian wilderness. Recreate the Aurora Borealis using black paper and chalk or paint (add Native totem poles) - Canada
- S'mores (some more) are a traditional campfire treat made from toasted marshmallows, chocolate and biscuits. Make and enjoy S'mores! - USA
- Girl Scouts in the USA sell cookies to raise funds for their units. Make some Girl Scout/ Girl Guide cookies (and sell them as a fundraiser?) - USA
- Llamas are a South American animal, native to the Chilean Andes. Walk a Llama. Can't access Llamas? Make a llama mobile - Chile
- Carnival of Brazil is an annual festival held over several days before Lent, and is the most famous holiday in Brazil. Celebrate Carnival - Brazil
- Night hikes are a traditional Aruban camp activity, enjoy a night hike with your unit - Aruba
- Trinidad and Tobago is the birthplace of calypso music and the steelpan. Learn about steelpan, make your own or invite a group along to teach you about them - Trinidad + Tobago
- Día de Muertos (Day of the Dead) is celebrated throughout Mexico where families and friends gather together to remember their friends and relatives. Celebrate Día de Muertos with your unit and try making sugar skulls - Mexico
- The Haitian shanty town of Jalousie has been transformed from an expanse of grey concrete into a multi-coloured living space on the hills of Port-au-Prince. Make a cardboard shanty town and learn about the lives of the people who live there - Haiti
- Make a penguin - Argentina
- Learn about hurricanes which have affected the Caribbean Islands and raise money to help support the Girlguiding branch associations affected by the recent hurricanes - <https://www.girlguiding.org.uk/what-we-do/our-stories-and-news/news/girlguiding-set-up-hurricane-irma-support-fund/>

## International Activities

- Find out about guiding in another county
- Learn about (or even visit) a World Centre
  - Pax Lodge - London
  - Our Chalet - Switzerland
  - Our Cabaña - Mexico
  - Sangam - India
  - Kusafiri - Africa Region
- Find out about international opportunities within Girlguiding
  - Invite someone to talk to your unit about their international adventures with guiding
- Learn about the symbols of WAGGGS
  - World badge
  - World flag
  - World song
- Complete a WAGGGS badge/activity
- Earn a section specific international badge
  - e.g. World Guiding , phase 1 of the international octant, Commonwealth award
- Attend county international selection/Go for GOLD
- Fundraise for the Guide Friendship Fund/World Thinking Day Fund



- Communicate with an international penpal/ make links with an international unit
- Join a Thinking Day celebration
  - The 2018 Thinking Day theme is Impact - personal and wider impact #thisisimpact!

## Badge Order Form

Name	
Unit	
Postal Address (inc postcode)	
Contact phone number	
Email address	
Number of badges (£1 each)	
Total payment enclosed	

Please send completed form to: International Challenge Badge, Girlguiding Worcestershire, Acre Lane, Droitwich, Worcestershire, WR9 9BE.

Enclose a cheque for the full amount, made payable to 'Worcestershire Guide Association'.

**Please also enclose a Stamped, Self-addressed envelope for return of badges. Please ensure the envelope is large enough and carriers sufficient postage.**

Badges will be available until February 2019.

All proceeds from the challenge will go towards international grants to help members of Girlguiding Worcestershire experience their own international adventure.