

México

CHALLENGE



CREATED TO RAISE FUNDS FOR THE
GIRLGUIDING WORCESTERSHIRE COUNTY TRIP
TO OUR CABANA, MEXICO - AUGUST 2015



MEXICO CHALLENGE ABOUT THE PACK



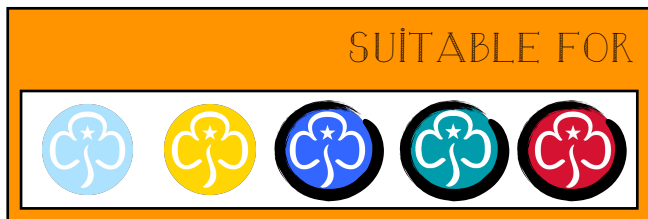
Welcome to our Mexico Challenge - an activity pack and badge for all Girlguiding Sections. This activity pack has been put together by 8 Senior Section Girls from Worcestershire to help raise funds to travel to Our Cabana, Mexico - summer 2015.

The Mexico Challenge contains 5 different sections: Guiding - Our Cabana, Mexican Crafts, Mexican Food, Games & Quizzes, and Language & Music. There is also an optional Party Section with ideas on how to throw your own Mexican themed party for your unit! You could use this badge in your unit meetings or perhaps you could have a Mexico themed activity day or party or even as a camp or sleepover? Have fun with it!

We suggest that to gain the badge units should complete a range of activities from all the sections, but should complete at least:

- 5 activities Rainbows - Girasol (Sunflower)
- 8 activities Brownies - Hadita (Fairy)
- 11 activities Guides - Guía (Guide) / Guía Intermedia (Intermediate)
- 14 activities Senior Section - Guía Mayor (Ranger)
- 15 activities Trefoil Guild

Each activity has a "suitable for" section so you can check whether the activity would be easy and enjoyable for your Girlguiding age group. This is subjective and you know your unit best, this is just a suggestion. Each of the unit colours appears, if the unit trefoil appears circled with a black ring then we think you should be able to give it a go! Have fun!



Once you have finished, send off for your badges (see the order form at the back of the pack). We hope you enjoy completing the challenge and thank you for your support.

Buena suerte! (Good Luck!)

ABOUT US & THE BADGE

We are 8 Senior Section Girls and 2 Leaders from Worcestershire. We have been chosen to represent our county on an international trip to Mexico in 2015. The aim of our trip is to meet and befriend people from all over the world in Girlguiding and Scouting, but also to take part in a service project with the local community. This will focus on the children of the local area (surrounding Mexico City). To take part in this once in a lifetime opportunity we must fundraise £2,500 each. All funds raised from this activity pack and badge will go towards the Worcestershire International Trip to Our Cabana.

Our badge shows the UK and Mexican flags side by side, linking the two nations, and our Girlguiding Trefoil very close to the centre of the badge to show it's importance. It also contains a white llama, animals which you can find across Mexico and South America (plus we are kind of obsessed with them) and it is wearing the International Necker. Lastly, other than the words which tell you where we're going and where we're from, there are 10 stars, that's because there are 10 of us going on this adventure!





MEXICO CHALLENGE THE FIVE ESSENTIALS



We hope you can use this Challenge Pack to enhance your unit meetings or perhaps you could have a Mexico themed activity day or party or even as a camp or sleepover? Have fun with it! After all new experiences, learning working together and having fun are what Guiding is about all over the world, no matter what your age!

Girlguiding's programme is structured around five key elements, known as the 'Five Essentials', which support the development of Girls and Young Women:

Let your Girls pick the activities they want to try!

DECISION
MARKING AS
INDIVIDUALS &
GROUPS

WORKING
TOGETHER IN
SMALL GROUPS

Let your Girls work together in patrols, sixes & mixed groups!

CARE FOR
INDIVIDUAL
GIRLS & THEIR
FULFILLMENT

Let your Girls learn about themselves through your Girlguiding Programme.

FIVE
ESSENTIALS
FOR GIRL
GUIDING

A BALANCED &
VARIED
PROGRAMME WHICH
IS GIRL-LED

Give your Girls a variety of activities & experiences to try out!

A SHARED
COMMITMENT
TO A COMMON
STANDARD

Let your Girls learn about the world & people around them!

We think our Challenge Pack covers the Five Essentials and helps make it easier for you awesome Leaders out there to plan an amazing programme for your Girls - we hope you think so too and that the pack helps you meet your Five Essentials!

Pretty much all of the activities in this pack can be done in small group or a team, there are different difficulty levels as reflected in the suitability for Girlguiding age groups and there are lots of options for the Girls to choose from. Girls can learn to listen, cooperate, reflect and learn about their own values and culture through this pack along with the culture of others around the world but particularly in beautiful Mexico!

"Learning is a lifelong process and it is important to give Girls and Young Women the tools to carve out their own pathway. Through our Five Essentials, we impart non-formal education to Girls and Young Women aged from 4 to 26. Girls in guiding form close friendships, grow in self-confidence, learn new skills, try new experiences – and have fun!"

https://www.girlguiding.org.uk/pdf/Educational_Framework_Final.pdf

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GUIDING - OUR CABANA

GUIDING WORLD CENTRES



SUITABLE FOR



TIME

Approximately
20 minutes



World Association
of Girl Guides
and Girl Scouts

EQUIPMENT

- World Centres Quiz A & B (Appendix - pg.54)
- Quiz Answers (Appendix - pg.55)
- Pens or Pencils
- Highlighters
- WAGGGS Webpages

INSTRUCTIONS

1. Either print some of the WAGGGS website pages about the World Centres or if you're lucky enough look at the pages online (better for the environment).
2. Read the information, quiz each other on the information, maybe even highlight the key dates, locations and names.
3. When you've had chance to read through, take out your quiz and have a go at the questions! Good luck!
4. Use the answer sheet from the Appendix to check your answers. How'd you do?

ADVICE

There is a lot of info about the WAGGGS World Centres online:

<http://tinyurl.com/5thcentre>
<http://tinyurl.com/paxlodge>
<http://tinyurl.com/cabanamx>
<http://tinyurl.com/sangamindia>
<http://tinyurl.com/ourchaletswitz>

These link to the pages about the individual World Centres, each contains several pages about their History, Logos, Songs and a lot more.

ADVICE

Depending on the age and ability of your Girls, you may wish to allow them to keep the info about the Centres during the quiz. Also Quiz A is designed (hopefully) to be simpler than B. Time, teams, who marks, this is all up to you Leaders!

PHOTOGRAPHS

Three of the World Centres (Pax Lodge, Our Chalet and Sangam) which is missing?





GUIDING - OUR CABANA

OUR CABANA

QUIZ



SUITABLE FOR

TIME



Approximately
15 minutes



EQUIPMENT

- Our Cabana Quiz (Appendix - pg.56)
- Quiz Answers (Appendix - pg.57)
- Pens or Pencils
- Highlighters
- WAGGGS Webpages

INSTRUCTIONS

1. Either print some of the WAGGGS website pages about Our Cabana or if you're lucky enough look at the pages online (better for the environment).
2. Read the information, quiz each other on the information, maybe even highlight the key dates, locations and names.
3. When you've had chance to read through, take out your quiz and have a go at the questions! Good luck!
4. Use the answer sheet from the Appendix to check your answers. How'd you do?

ADVICE

There is lots of information about Our Cabana on the WAGGGS World Centre site:

<http://tinyurl.com/cabanamx>

Depending on the age and ability of your Girls, you may wish to allow them to keep the info during the quiz. Time, teams, who marks, this is all up to you Leaders! You may not even want to give your Girls the information as a website, you could give them the answers they need by telling them a story or putting the answers as the prizes in a treasure hunt or other game? Be creative and crafty, hope you enjoy!

ADVICE

PHOTOGRAPHS

Images of the beautiful grounds and globe at Our Cabana, Mexico....





GUIDING - OUR CABANA

MEANING OF OUR CABANA'S SYMBOL



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Meaning of Our Cabana Logo (Appendix - pg.58)
- Our Cabana's Logo Answers (Appendix - pg.59)
- Pens or Pencils
- Felt tips or Crayons

INSTRUCTIONS

1. Look at the Meaning of Our Cabana sheet and decide what you think the symbols that make up the logo mean.
2. Write or draw on your ideas into the boxes.
3. Compare your ideas with what Our Cabana say their logo means to them.

ADVICE

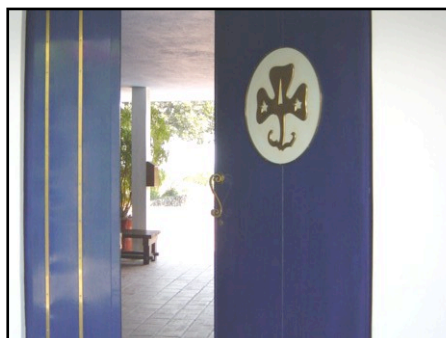
Depending on how you like to run your meetings, you might want to leave the activity as it is, or...

You may want have the Girls draw or paint the logo, or even cut and stick it from paper or felt? You may want to ask your Girls to discuss the logo? Or draw the logo from their own ideas before they see the real logo? Or even draw their own version of the Our Cabana logo after seeing and discussing the badge?

The Girls could act out what the badge looks like? Basically, any which way you want to discuss the meaning of the badge and show what it looks like works just fine! Adapt this activity to suit the age, abilities and interests of your Girls depending on how much or how little time and resources you want this to use. Just enjoy yourselves!

PHOTOGRAPHS

Images of the Our Cabana logo, buildings and grounds...





GUIDING - OUR CABANA

OUR CABANA

SONG



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Our Cabana Song Lyrics (Appendix - pg.60)
- A device for playing the youtube clip of the Our Cabana song (phone, tablet or laptop etc)

INSTRUCTIONS

1. Listen to the Our Cabana Song (see the youtube link or find a Leader who knows the song and ask them to help out).
2. Read through the lyrics to the song.
3. Have a go at singing the Our Cabana song!
4. Keep practicing!

ADVICE

Here's a link to a youtube clip of the Our Cabana song:

<http://tinyurl.com/cabanasong>

Duration: 1 minute 35 seconds.

You may want to play the video several times for the Girls to listen to. You could also spice it up with some Makaton or BSL for an added twist on the original! Have fun!

The Our Cabaña song was written by the participants who attended the very first Juliette Low session at Our Cabaña in 1957.

It is sung to the traditional Mexican Birthday tune and in the way that the original writers intended. The first verse in English, then Spanish, English, Spanish and then English again.

It is traditional for all those visiting Our Cabana to learn the song and sing it at Our Cabana.

PHOTOGRAPHS

The symbols that represent Our Cabana...





GUIDING - OUR CABANA

GUIAS DE MEXICO



SUITABLE FOR



TIME

Approximately
25 minutes



EQUIPMENT

- Guías De Mexico Sheet (Appendix - pg.61)
- Paper (flip chart)
- Pens or Pencils
- Felt tips or Crayons
- Guide Uniform Sheet (Appendix - pg.62)

INSTRUCTIONS

1. Read through the Guías De Mexico appendix sheet or use information from the Guías De Mexico website.
2. Which section would you be in if you lived in Mexico?
3. Compare your Girlguiding section with the Guías De Mexico section. What about your promise or laws is the same or different?
4. Use pens and paper to draw a chart or diagram or picture to show the similarities and differences between the UK and Mexico Guiding for your section
5. Have a go at drawing our uniform. Use the Guide Uniform sheet (appendix) to draw the uniform of one of the UK Girlguiding sections, maybe your section? And then the uniform for the same age section in Mexico. Are they very different? What do you like about the uniforms?

ADVICE

There is a lot of information about Mexico's Girl Guides online, especially at sites like:

<http://www.guiasdemexico.org.mx>

<http://tinyurl.com/mexicanguides>

Guías de Mexico was founded in 1930 and became an associate member of the World Association of Girl Guides and Girl Scouts in 1948 and a full member in 1957.

PHOTOGRAPHS

Pictures of some of the Girl Guides of Mexico (Haditas & Guías)...





MEXICO INSPIRED CRAFTS

PAPER PLATE

MARACAS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Dried Beans/Pulses
- Paper Plates
- Stapler (Staples)
- Crepe Paper
- Felt Tips or Crayons
- Scissors

INSTRUCTIONS

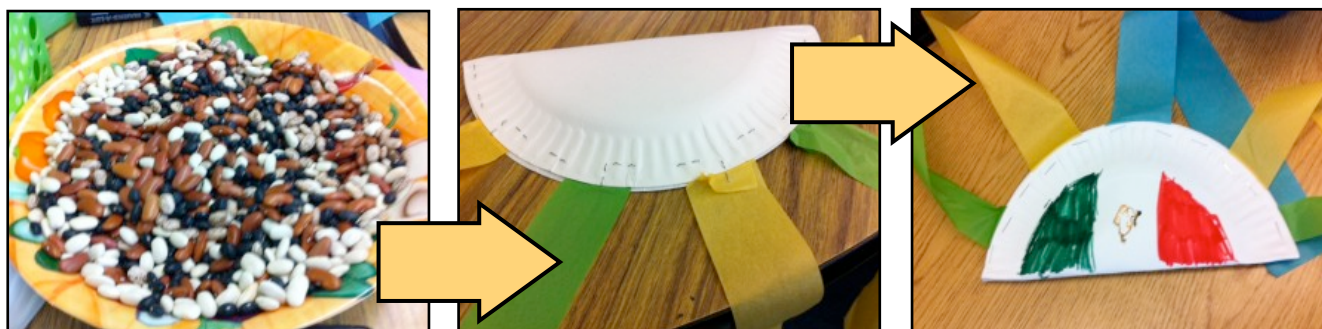
1. * Fold your paper plate in half and open it out flat again.
 2. Fill the paper plate with dried beans or pulses, just enough to cover the plate.
 3. Carefully fold the plate back in half (the trick is to manage this without spilling beans).
 4. Staple around the edge of the plate.
 5. Cut strips of crepe paper to act as streamers/decoration for your maraca.
 6. Staple the streamers to the curved edges of the paper plate.
 7. Decorate the outside of your plate with felt tip pens or pencil crayons. You could use aztec patterns or the Mexican flag.
- * You could also decorate the outside of your paper plate before you fill it!

ADVICE

For younger Girls you may want to have an adult on hand to be in charge of the stapler and another to keep an eye on how many beans/pulses are being placed inside the plate maracas to avoid spillage. If you're feeling adventurous the plates could be painted or glittered and beads or bells added. If you can't get hold of dried beans, dried pasta or popcorn kernels work too.

PHOTOGRAPHS

An example made by a 6 year old. Enjoy your handmade musical instrument!





MEXICO INSPIRED CRAFTS

PLASTIC BOTTLE

MARACAS



SUITABLE FOR

TIME



Approximately
30 minutes



EQUIPMENT

- Dried Beans/Pulses
- Plastic Bottle with Lid (250ml)
- Masking Tape
- Duct Tape
- Permanent Markers
- Toilet Roll Tube

INSTRUCTIONS

1. Fill your bottle with your dried beans/pulses. Leave a bit of space before the lid so that your beans can move around and make noise. Put on the lid, tightly!
2. Cut the toilet roll tube lengthways and wrap the tube tightly around the top (lid) end of the bottle.
3. Using duct tape attach the toilet roll tube to the top (lid) end of the bottle to create a handle. Double over a piece of tape around the lid and secure the outside of the tube to the bottle with tape.
4. Wrap your bottle with masking tape, completely covering the outside (you don't need to cover the toilet roll tube, the pens will draw straight onto it, but you can).
5. Decorate the outside of your bottle with marker pens. You could use aztec patterns or the Mexican flag.

ADVICE

For younger Girls you may want to have an adult on hand to keep an eye on how many beans/pulses are being placed inside the bottle and to avoid spillages. If you're feeling adventurous the bottles could be painted or glittered and you could add a few bells inside. If you can't get hold of dried beans, dried pasta or popcorn kernels work too.

PHOTOGRAPHS

An example of a simple maraca. Enjoy your handmade musical instrument!





MEXICO INSPIRED CRAFTS

PAPER BAG PINATA



SUITABLE FOR



TIME

Approximately
30 minutes

EQUIPMENT

- Paper Bag
- Scissors
- Tape/PVA Glue
- Stapler (staples)
- Plastic Coat Hanger
- Crepe Paper
- Felt Tips or Crayons
- Wrapped Sweets
- Stick or Pole
- Blindfold

INSTRUCTIONS

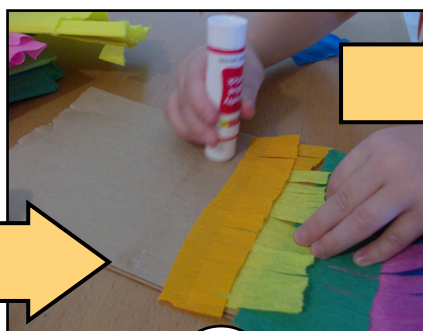
1. Open your paper bag and pop a few sweets inside as a tasty treat for later.
2. Fold over the top of the bag and staple along the top.
3. Fold the stapled top of the bag over the coat hanger (see picture below) and tape over the hanger to secure the bag. This is so the piñata can be hung up.
4. Cut strips of crepe paper and cut fringes into the paper.
5. Then stick these horizontally along the paper bag to decorate it.
6. Repeat this until the bag is completely covered.
7. Allow the glue to dry and hang up your piñata, locate your stick or pole, blindfold and have some serious fun!

ADVICE

For younger Girls you may want to have an adult on hand to be in charge of the stapler and another to keep an eye on how many sweets are being placed inside the bag. If you're feeling adventurous you could add beads, bells or ribbons to the bottom of the piñata.

PHOTOGRAPHS

An example of a simply decorated piñata bag. Now hang and smash!





MEXICO INSPIRED CRAFTS

MINI PINATA



SUITABLE FOR

TIME



Approximately
35 minutes

EQUIPMENT

INSTRUCTIONS

- Mini Piñata Template (Appendix - pg.63)
- Cereal Boxes (card)
- Scissors / Craft Knife
- Crepe Paper
- Tape / PVA Glue
- Wrapped Sweets
- Stick or Pole
- Blindfold

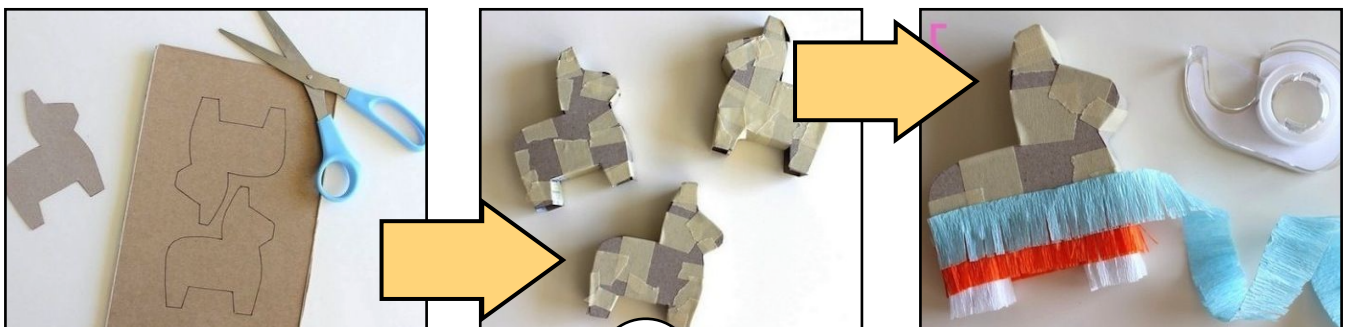
1. Use the Mini Piñata Template sheet (appendix) to draw and cut out a small donkey. You will need two of these, one for the front and one of the back.
2. Then cut out long strips from the cereal box or card about 4 cm thick. This strip will join the front and back piece together.
3. Tape the front and the back together with the strip. This don't have to be neat because we're going to cover it.
4. Cut the crepe paper into strips (if it hasn't come as a strip) and cut the one edge into a fringe. Add lines of glue starting at the bottom. Then glue on the fringe, wrapping it around the piñata until its all covered.
5. When you are done cut a trap door at the bottom to fill with treats like small wrapped sweets. Push the flap door back up and secure it with tape. Now hang and smash!

ADVICE

You may want to have an adult on hand to keep an eye on the sweets. If you're feeling adventurous you could add beads, bells or ribbons to the bottom of the piñata. The only reason we felt this might not work for younger Girls is how fiddly it can be. But you know your Girls, plus these are cute!

PHOTOGRAPHS

An example of a simply decorated mini piñata. Now hang and smash!





MEXICO INSPIRED CRAFTS

STAR BALLOON PINATA



SUITABLE FOR

TIME



Approximately
6 hours *

EQUIPMENT

- Party Hats (x5)
- Scissors/Craft Knife
- Tape/PVA Glue
- Masking Tape
- Star Shaped Balloon
- 1 cup Plain Flour
- 1/2 cups of Water
- Mixing Bowl
- Gloves (optional)
- Strips of Newspaper
- Crepe paper
- Wrapped Sweets
- String

INSTRUCTIONS

1. Blow up your star balloon, and securely tape a party hat to each of the star points.
2. Mix your flour and water into a paste. Then dunk your newspaper strips into the paste, remove the excess with your fingers and apply to the balloon. You may want gloves!
3. Repeat step 2 until you have completely covered your balloon (but not the hats). You need to apply 3 layers of papier-mâché to your balloon. Allow each layer to dry first.
4. When the papier-mâché is dry cut a hole in the top of the balloon, remove the balloon.
5. Cut strips of crepe paper and fringe the paper, stick this to the sides on your piñata, begin around the outside in a circle and work your way to the centre.
6. Repeat this until the pinata is covered. Let the glue to dry, hang up your piñata and go!

ADVICE

You may want to cover tables to protect them. *Leaders may wish to create the papier-mâché shell ready for the Girls to save on meeting time or do this over several meetings.

PHOTOGRAPHS

Check out this video for help! <https://www.youtube.com/watch?v=44JYARhkFe8>





MEXICO INSPIRED CRAFTS

PLANT POT SOMBREROS



SUITABLE FOR



TIME

Approximately
2 hours *



EQUIPMENT

- Terra Cotta Plant Pot
- Terra Cotta Saucer
- Acrylic Paint
- Pom Poms
- Super Glue/Glue-Gun (optional)

INSTRUCTIONS

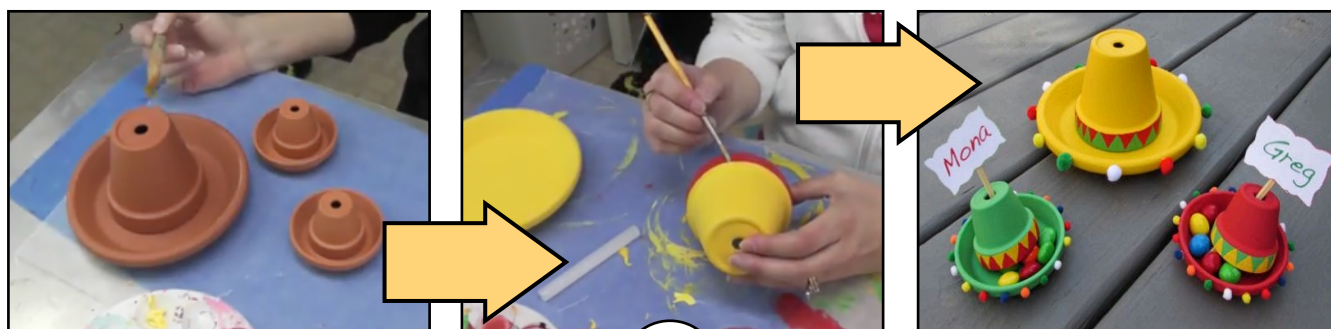
1. Paint the outside of the pot and the saucer using acrylic paint. Bright primary colours work really well.
2. You will need to apply at least 2 coats of paint to get total coverage. You will need to allow the paint to dry between coats.
3. Add a band of different coloured paint around the top of the plant pot to act as a ribbon on the hat when the pot is placed upside down (see photo below).
4. Use the paints to add a bright design to your plant pot sombrero, they can be as decorative or as plain as you like. Let the paint dry before you move onto step 5.
5. Once the paint has dried glue pom poms to the outside edge of the saucer. You can glue the plant pot in place if you wish, or leave it free so you can put things inside the sombrero.

ADVICE

Your terra cotta plant pot needs to be smaller than your saucer so that when they are assembled they look like a sombrero. For younger Girls you may want to have an adult on hand to be in charge of the paint and glue applications. If you're feeling adventurous you could add glitter, jewel pieces and feathers to your sombrero hat. *You may wish to do this activity across a few meetings to allow paint to dry.

PHOTOGRAPHS

An example of a beautifully decorated sombrero pots in different sizes...





MEXICO INSPIRED CRAFTS

CALAVERAS MASKS

(PAPER PLATE)



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT

- Paper Plate
- Chop Stick/Lollipop Stick
- Felt Tips/Marker Pens
- Scissors
- Tape
- Images of Mexican Sugar Skulls/ Calaveras

INSTRUCTIONS

1. Take a white paper plate, draw around the lower circular part of the plate, where your skull's face is going to be draw 2 small half circles that stick out (see photo below).
2. Draw down to the edge of the plate between the 2 half circles to create the jaw of your skull.
3. When you have drawn a template that looks like the photo below carefully cut out your skull (keep the off cuts*).
4. Using your pens/markers fill in the key parts of your skull, 2 eye sockets, a nose socket and the teeth (see photo below).
5. Use the images of the Mexican Sugar Skulls and Calaveras to help give inspiration to design your own skull. Now decorate!
6. using tape stick a chop stick/lollipop stick to the back of your skull to make it a mask.

ADVICE

If you're feeling adventurous you could add glitter, jewel pieces and feathers to your Calaveras Mask. *You could even use the scrap pieces of paper plate to make bows and flowers to adorn your pretty skull mask! You could cut out the eye sockets of the skull to see through. Why not have a guess-who competition with the Girls behind their masks?

PHOTOGRAPHS

An example of a very pretty Calaveras Mask! Wear and enjoy!





MEXICO INSPIRED CRAFTS

CALAVERAS

BROOCH



SUITABLE FOR

TIME



Approximately
2 hours



EQUIPMENT

- Calaveras Brooch Template (Appendix - pg.64)
- Felt (different colours)
- Iron
- Thread (different colours)
- Brooch Clasps
- Scissors
- Needle / Pins
- Stuffing
- Tracing paper (optional)
- Pens or Pencils

INSTRUCTIONS

1. Use the Calaveras Brooch Template sheet (appendix), cut out the shapes or use tracing paper to trace and cut the shapes.
2. Pin the shape to your fabric and carefully cut around the template, do this for all the shapes.
3. When you have all your shapes you can start to sew them together. Sew your teeth to your mouth, the mouth to the skull. Sew your flower eyes and nose to your skull (like the pictures below and on the template).
4. * Sew the front (decorated skull) to the back skull, leaving the top open to allow for a small amount of stuffing to be pushed inside. Then sew up the hole at the top.
5. On the back of the skull (not decorated) sew on the brooch/badge clasp to turn it into a proper brooch and then carefully attach it to your bag, coat, hoodie or give to a friend!

ADVICE

* If you're feeling adventurous you could add beads, ribbons or extra sewing pattern detail to your brooch. The only reason we felt this might not work for younger Girls is how fiddly it can be. But you know your Girls, plus these are cute!

PHOTOGRAPHS

An example of very detailed Calaveras felt brooches! Oooh shiny!





MEXICO INSPIRED CRAFTS

PAPEL PICADO

BANNERS



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT

- Papel Picado Banner Template (Appendix - pg.65)
- Crepe Paper A4
- Scissors
- Masking Tape

INSTRUCTIONS

1. Fold your printed Papel Picado Banner template sheet (appendix) down the middle (along the dotted line). Using 4 sheets at a time, fold the crepe paper in half and assemble a 'book' with the template sheet as the cover.
2. Secure the top of your book with a little tape so that the paper doesn't slip when you are cutting out the shapes. Carefully cut out all the shapes on template.
3. When you've finished cutting, remove the masking tape from the top, flatten out and be careful when separating the sheets.
4. Repeat this process. To make the garland unroll a length of masking tape and lay it out on a flat surface with the sticky side facing up. Place the papels face down on the tape. The tops should only cover half of the width of the tape, then fold the tape over to create your garland as shown.

ADVICE

This can be very fiddly, younger Girlguide members may need a lot of assistance with the tape and scissors. You can make the designs as simple or complex as works for your Girls. You can design your own banner templates or ask the Girls to design their own! You could use the Papel Picado Banners as a decoration for a Mexican fiesta or party! Make them as big and brightly colourful as you like!

PHOTOGRAPHS

An example Papel Picado Decorative Banners...





MEXICO INSPIRED CRAFTS

BOTTLE TOP CASTANETS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Cardboard
- Scissors
- 4 Bottle Caps (per set)
- Hammer
- Superglue
- Glitter / Sequins
- Felt tips or Crayons
- Pens or Pencils
- Tape / PVA Glue

INSTRUCTIONS

1. Draw two wide strips with rounded edges onto the cardboard (make sure they're wide enough to fit the bottle cap - see the images below) and cut them out using the scissors. Fold each in half, so they look like duck bills.
2. Put a dab of glue on the jagged edge (the bottom) of each bottle cap. Glue one to the top and one to the bottom of the inside of each piece of cardboard so the bottle caps meet when you close the cardboard "duck bills." Let the glue dry.
3. Decorate the castanets with felt tips, glitter, or whatever else you like and let the decorations dry before use.
4. Time to play! Take one in either hand and click the cardboard together so the bottle caps meet and make a click and clatter noise! Time for a fiesta, try these out with some Mexican music and enjoy!

ADVICE

You may want some extra adults on hand for this activity because of the glue being used and the edges of the bottle caps. Before using the bottle caps have an adult flatten the bottle caps by hammering them onto a hard surface - this will enable them to stick to the card easily.

PHOTOGRAPHS

An example of homemade bottle top castanets...





MEXICO INSPIRED CRAFTS

REPUJADO CUFF

BRACELET



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT

- Silver Foil
- Permanent Markers
- Toothpick or Paintbrush (with a thin rounded end)
- Toilet/Kitchen Paper Roll
- Duct tape
- Scissors
- Newspaper

INSTRUCTIONS

1. Cut the toilet/kitchen paper roll the width you want your bracelet cuff to be. Cut your foil an inch or two larger and longer than the paper roll.
2. Make sure to place newspaper under your work when tooling.
3. Decide what side will be the front and turn the foil over and draw the design with your toothpick (make the point blunt). You can work on both sides to give it a raised and indented look. Take the rounded end of the marker and rub it in the large areas of your design to give it a raised look. Colour in as much or as little of your design as you like.
4. Wrap foil around the toilet paper roll and fold in edges making sure no pointy ends are out. Then place duct tape over the back side to cover the ends of foil (see the pictures below). Wear your beautiful repujado cuff with pride!

ADVICE

Note that the foil can be sharp so handle with care. An adult may need to cut the foil first and do all the bending to avoid younger Girls catching themselves on the sharp edges. Just so you know, repujado means that an object or item has a 3D or embossed style or effect. Normally in metal work.

PHOTOGRAPHS

An example of a homemade repujado bracelet...





MEXICO INSPIRED CRAFTS

PAINTED PEBBLE

CACTUS



SUITABLE FOR



TIME

Approximately
1 hour *



EQUIPMENT

- Terra Cotta Plant Pot
- Acrylic Paint
- Soil or Sand or Small Pebbles
- Rocks or Pebbles
- Paintbrushes
- Cactus Pictures Appendix - pg.66)

INSTRUCTIONS

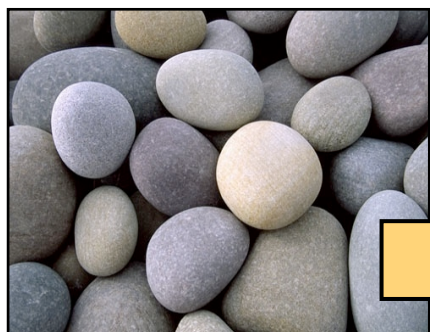
1. Paint the outside of your plant pot with your own decorations, maybe use the aztec patterns from the appendix page (67). *
 2. Set the pot aside to dry. Once it's dry, fill it to the inside pot lip with soil/sand or small pebbles, this is what your cactus pebbles will stand in.
 3. Make sure your rocks or pebbles to paint are clean and dry.
 4. Paint your pebbles green, dark or light (see the photos below) and add black and white detail to represent the spines and prickles of the cactus. Try painting all your pebbles to be different types of cactus. Use the Cactus Pictures appendix sheet to give you some ideas. Allow to dry.
 5. Place the pebbles upright in the plant pot!
- * Painting your plant pot is optional.

ADVICE

Your terra cotta plant pot is to place your cactus pebbles into. For younger Girls you may want to have an adult on hand to be in charge of the paint. If you're feeling adventurous you could add glitter or other decorations to your cactus, or even plant small cacti around the pebbles. *You may wish to do this activity across a few meetings to allow paint to dry.

PHOTOGRAPHS

Examples of painted pebble cacti in plant pots...





MEXICO INSPIRED CRAFTS

FELT PLAY

TACOS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Felt {red, green, yellow, orange, and beige or "flour tortilla" color}
- Scissors

INSTRUCTIONS

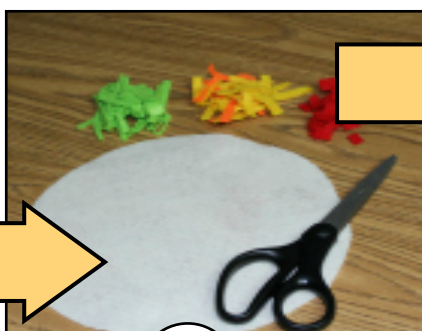
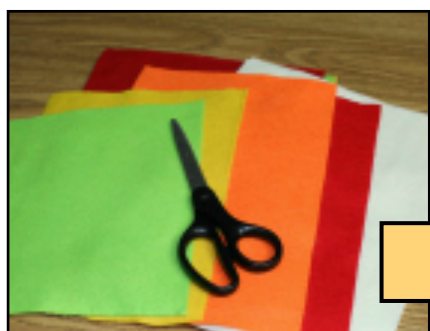
1. To make the tortillas fold one piece beige or light coloured felt in half, then half again so you have a square.
2. Then using your scissors, cut the open edges (not the folded edges) of the square on a curve to create a circle.
3. Now make your taco ingredients. Cut your felt. Cut the green felt into strips to represent shredded lettuce. Cut the orange and yellow felt into strips to represent the cheese. Cut the red felt into small squares to represent tomatoes.
4. You can also use other colors of felt and shapes to represent different taco toppings.
5. Start building your tacos! A little lettuce, some cheese, some tomatoes and whatever other ingredients you would like in yours. Maybe even have a go at making real tacos!

ADVICE

You may want an extra adult to supervise the cutting with younger Girls or have the ingredients pre-cut. Other items might work well for other ingredients, wool, buttons or fabric. To make the tacos more permanent you could always glue them once they are made, we would recommend a glue gun used by the leaders to do this. You could also make play enchiladas, quesadillas and burritos. Yum! Enjoy!

PHOTOGRAPHS

An example of felt play tacos, great for a make believe fiesta!





MEXICO INSPIRED CRAFTS

AZTEC PAINTED MUG



SUITABLE FOR



TIME

Approximately
30-45 minutes *



EQUIPMENT

- White Mug or Cup
- Permanent Markers
- Aztec Patterns Examples (Appendix - pg.67)
- Oven

INSTRUCTIONS

1. Take your mug or cup and using your permanent markers and the Aztec Patterns examples sheet in the appendix draw on your aztec design.
2. You can make your design as colour and complex as you like! You could add in your own pattern designs.
3. When you're finished, make sure to write your initials on the bottom so you know which one is yours. Then let your mug dry. *
4. Bake it. Bake the mug in the oven for 30 minutes at 180°C/350°F. Remember to place the mug in the oven before it heats up and leave it in until the oven cools completely so there won't be any cracks. You can choose to bake the mugs twice to really set the drawings.
5. Once dry and gently washed and dried, enjoy a tasty drink, maybe a hot chocolate!

ADVICE

Sharpies as a brand of markers work well for this project, particularly the paint Sharpie markers. * It's best to let the pen dry over night so you may want to spread this craft over 2 meetings to allow the pen to dry before you oven cook the mug. Or you might choose to send the mugs home with the Girls' parent/guardian to bake at home. The mugs are best hand-washed to preserve the design for as long as possible.

PHOTOGRAPHS

An example of a hand decorated aztec pattern mug...





MEXICO INSPIRED CRAFTS

GOD'S EYE "OJO DE DIOS"



SUITABLE FOR

TIME



Approximately
40 minutes



EQUIPMENT

- 2 small sticks or lollipop sticks
- Scissors
- Pencils or Pens
- 1-3 balls of yarn (lots of colours)
- Decorations; beads or bells

INSTRUCTIONS

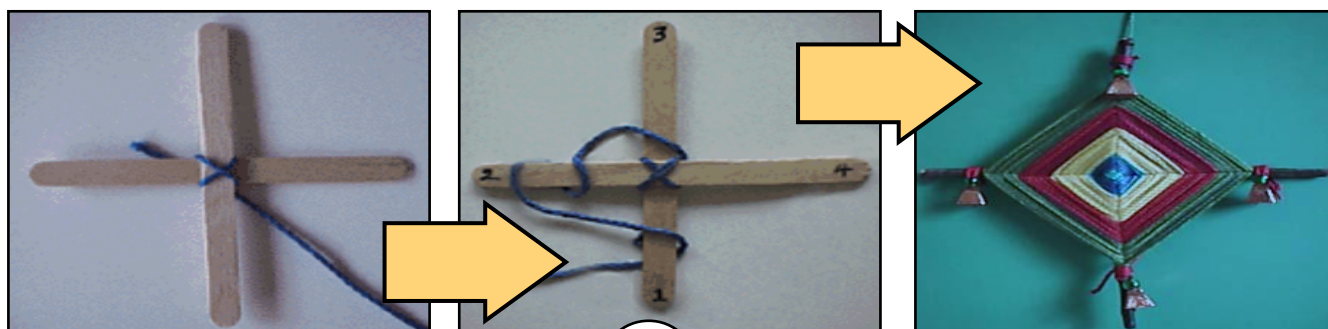
1. Cross the sticks at the centre. Tie them together with the end of a piece of yarn, making an X, but don't cut the yarn off. Tie the yarn at the back of the 2 crossed sticks (see the first picture below).
2. Pull the yarn over the top of one of the sticks. Wrap it all the way around the stick so it crosses the top twice. Then pull the yarn across to the next stick and repeat the process (see the middle picture below).
3. Continue in the same way until you have almost reached the ends of the sticks. Make sure that the threads lie next to one another but do not overlap.
4. You can change colors as you go along if you wish. Do this by cutting the first yarn and tying it off at the back. Then tie the new color on to the sticks and begin again. When you finish you can attach other decorations and hang your God's Eye!

ADVICE

The Huichol Indians of Mexico weave brightly colored yarn on a simple frame of crossed sticks to make a design called "Ojo de Dios" or "Eye of God". Originally, "God's Eyes" were made to be placed on an altar so that the gods could watch over the praying people and protect them. They are now more often sold in markets, reminding us that God looks with love everywhere.

PHOTOGRAPHS

An example of a homemade God's Eye with bells attached...





MEXICO INSPIRED FOOD

MARSHMALLOW AZTEC PYRAMID

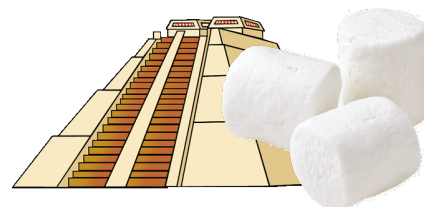


SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT/INGREDIENTS

- Paper Plate
- Mini Marshmallows
- Icing (water & icing sugar)
- Bowl
- Pen
- Picture of an Aztec Pyramid

INSTRUCTIONS

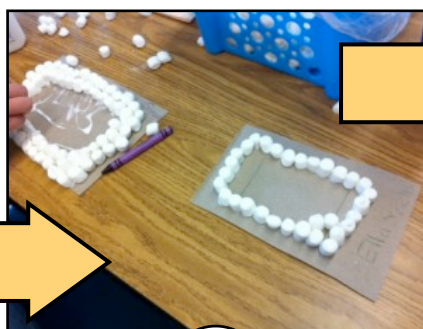
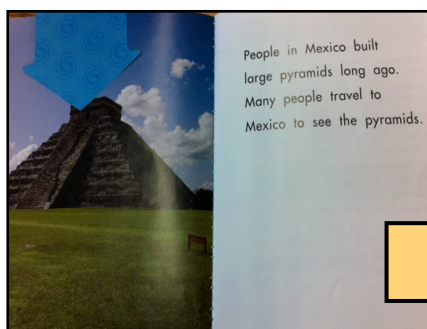
1. Mix water and icing sugar in a bowl until you get a thick paste.
2. Draw a square/rectangle onto your paper plate to use as a foundation for your aztec marshmallow pyramid. Make sure to write your name on your paper plate next to your square/rectangle so you can find yours at the end of the meeting.
3. Using the picture of an actual aztec pyramid try to build a pyramid that looks like the one in the photo!
4. Build your marshmallow pyramid using the icing to stick your marshmallows together and secure your pyramid. Good luck.
5. How high can you build? How realistic does your mallow pyramid look?
6. Will your leader/s let you eat it when you've finished building?

ADVICE

Girls will need to wash hands before using the ingredients. You can use fruit chunks such as apple or pineapple as a healthy or vegetarian friendly substitution. You may want to keep a close eye on your Girls, building materials tend to disappear otherwise! You could use other rules or ingredients, such as only 20 marshmallows or the pyramid has to be over 5cm tall.

PHOTOGRAPHS

An example of a marshmallow pyramid! Yum!





MEXICO INSPIRED FOOD

CUCUMBER CACTUS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT/INGREDIENTS

- Cucumbers
- Knife
- Chopping Board
- Ziplock Freezer Bag
- Rolling Pin
- Toothpicks (or uncooked spaghetti)
- Digestive Biscuits

INSTRUCTIONS

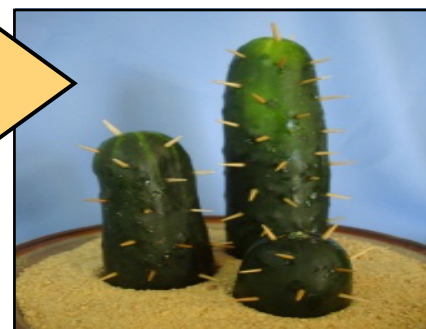
1. Using the knife and chopping board, cut your cucumbers to the size you want. The more different sizes you use, the more realistic they will look.
2. Break the ends off your tooth picks and insert them into the cucumber. If you don't want the ends to be as "prickly" insert the the sharp end into the cucumber so the blunt end is sticking out. If you need some ideas on how to stick in the toothpicks take a look at the Cactus Pictures appendix sheet (66).
3. Put your digestive biscuits into a ziplock freezer bag, seal it up, place it on a hard surface and smash the bag with a rolling pin. When the biscuits are just crumbs, sprinkle some crumbs, onto a plate and arrange your cucumber cacti.
4. A great centerpiece at a Mexican fiesta! Or take out the spines and just eat them!

ADVICE

This activity is possible for small Girls to do, however the use of a knife and sharp toothpicks makes it necessary to have very close adult supervision. We would recommend the uncooked spaghetti instead of toothpicks when doing this with younger Girlguiding members. Take care and enjoy!

PHOTOGRAPHS

An example of the cucumber cactis! They look so real...





MEXICO INSPIRED FOOD



PICO DE GALLO



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT/INGREDIENTS

- 4 Tomatoes (chopped)
- 1 Red Onion (finely chopped)
- 1 tbsp Jalapeño Peppers (finely chopped)
- 2 Garlic Cloves (crushed)
- Small Bunch Coriander (roughly chopped)
- Juice 1 Lime
- Knife
- Chopping Board
- Bowl
- Salt and Pepper

INSTRUCTIONS

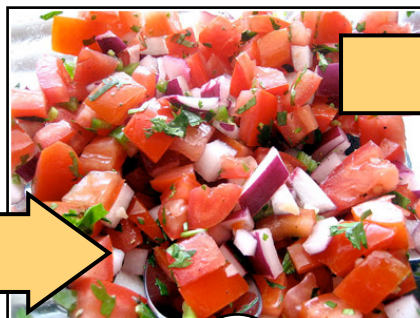
1. Chop, measure and rinse all the ingredients as shown in the equipment/ingredients box opposite.
2. Stir all the ingredients together in a bowl.
3. Add some seasoning (salt and pepper) then put it into the fridge to chill.
4. And eat, seriously, that's it!
No, really, go eat some, that's it!

ADVICE

This is a really simple and tasty no cook recipe. It's best served with tortilla style crisps/chips (Doritos). Makes a great side to some of the other recipes in this pack, ready for a fiesta!

PHOTOGRAPHS

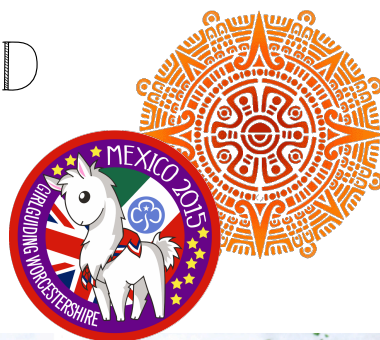
Tasty ingredients, tasty, tasty side dish!





MEXICO INSPIRED FOOD

WARM MEXICAN BEAN DIP



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT/INGREDIENTS

- 1 Onion (chopped)
- 1 tbsp Olive Oil
- 1 tsp Soft Brown Sugar
- 1 tsp Wine Vinegar
- 1 tsp Cajun Seasoning
- 400g Tin Mixed Beans (rinsed and drained)
- 400g Tin Chopped Tomatoes
- 1 Clove of Garlic (crushed)
- Handful Grated Cheddar
- 100g Tortilla Chips
- Chopped Avocado (optional)
- Chopping Board
- Knife
- Frying Pan
- Plates x2

INSTRUCTIONS

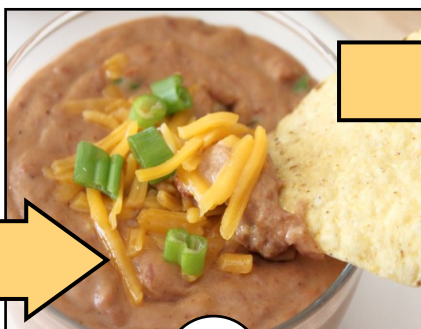
1. Chop, measure and rinse all the ingredients as shown in the equipment/ingredients box opposite.
2. Fry the chopped onion in olive oil until soft. Add soft brown sugar, wine vinegar and Cajun seasoning.
3. Cook for 1 min then add the mixed beans and chopped tomatoes and garlic. Simmer for 10-15 mins until the sauce has thickened then season.
4. Scatter handful grated cheddar onto tortilla chips. Microwave on High for 1 min until cheese has melted.
5. Serve the cheesy tortillas alongside the dip (top with some chopped avocado if you like).
6. And eat, seriously, that's it!
No, really, go eat some, that's it!

ADVICE

If you don't have access to a kitchen this could be cooked on an alter fire or campfire.

PHOTOGRAPHS

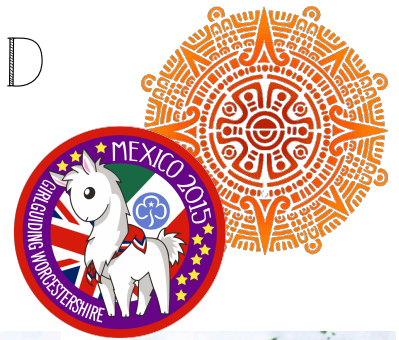
Tasty, warm and goes well with Pico De Gallo too!





MEXICO INSPIRED FOOD

GUACAMOLE



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT/INGREDIENTS

- 1 Large Ripe Tomato
- 3 Avocados
(very ripe but not bruised)
- Juice 1 Large Lime
- Handful Coriander (chopped)
- 1 Small Red Onion
(finely chopped)
- 1 Chilli
(deseeded/finely chopped)
- Tortilla Chips (to serve)
- Chopping Board
- Knife
- Bowl
- Spoon
- Salt and Pepper

INSTRUCTIONS

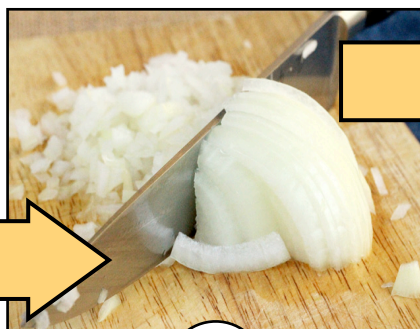
1. Chop, measure and rinse all the ingredients as shown in the equipment/ingredients box opposite.
2. Use a large knife to pulverise the tomato to a pulp on a board, then tip into a bowl.
3. Halve and stone the avocados and use a spoon to scoop out the flesh into the bowl with the tomato.
4. Tip all the other ingredients into the bowl, then season with salt and pepper.
5. Use a whisk to roughly mash everything together.
6. Scatter with the coriander, if using, then serve with tortilla chips and maybe some of the other side dishes if you've made them.
7. And eat, seriously, that's it!
No, really, go eat some, that's it!

ADVICE

This is a really simple and tasty no cook recipe. It's best served with tortilla style crisps/chips (Doritos). Makes a great side!

PHOTOGRAPHS

More tastiness, another great side, goes well with the other sides too!





MEXICO INSPIRED FOOD



NACHOS

SUITABLE FOR



TIME

Approximately
15 minutes



EQUIPMENT/INGREDIENTS

- Pack of Plain Tortilla Chips
- 225g Jar Salsa or Pico De Gallo
- 2 Sliced Spring Onions
- Chunk of Cheddar Cheese
- Pinch of Crushed Chili Flakes
- Sour Cream and Guacamole (optional for serving)
- Baking Tray
- Bowl
- Chopping Board
- Knife
- Cheese Grater
- Aluminum Foil

INSTRUCTIONS

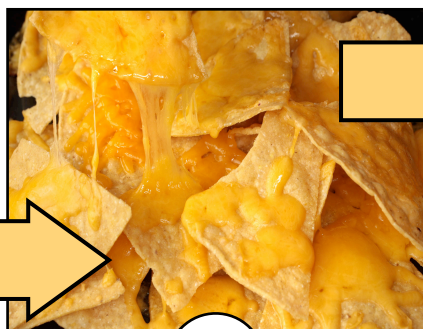
1. Chop, measure and rinse all the ingredients as shown in the equipment/ingredients box opposite.
2. Line a baking tray with foil. Tip tortilla chips on to the baking tray, pour over the salsa or pico de gallo and scatter over a few sliced spring onions.
3. Grate over a cheddar cheese. Add a pinch of crushed chili flakes, then put under a hot grill for about 3 minutes to melt the cheese.
4. Transfer to a bowl and serve with soured cream or guacamole (optional).
5. And eat, seriously, that's it!
No, really, go eat some, that's it!

ADVICE

This is a really simple and tasty recipe. It makes a fantastic snack. You could dress it up even more with chicken, steak strips, Quorn, olives, whatever you like really. Dig in!

PHOTOGRAPHS

Tasty for a snack or even add some more ingredients for a meal!





MEXICO INSPIRED FOOD



QUESADILLAS

SUITABLE FOR



TIME

Approximately
15 minutes



EQUIPMENT/INGREDIENTS

- 3 Ready-Made Tortillas
- 100g Cheddar (crumbled)
- ½ Onion (chopped)
- Black Pepper
- Baking Sheet or Grease Proof Paper
- Baking Tray
- Chopping Board
- Knife
- Plate

INSTRUCTIONS

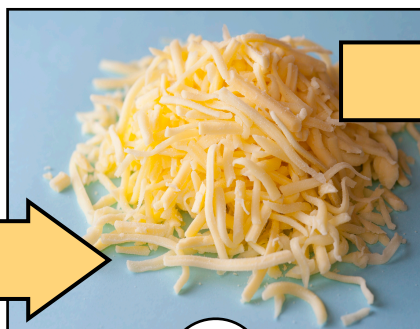
1. Chop, measure and rinse all the ingredients as shown in the equipment/ingredients box opposite.
2. Preheat the oven to 200°C/400°F.
3. Place one tortilla onto a baking sheet and top with half of the cheddar and half of the onion and season with black pepper.
4. Place another tortilla over the topping and cover with the rest of the cheddar and onion.
5. Cover with the final tortilla and sprinkle with grated cheddar. Transfer to the oven to bake for 5-6 minutes, or until the cheese has melted.
6. Serve on a plate, cut the quesadilla into four and enjoy.
7. And eat, seriously, that's it!

ADVICE

This is a really simple and tasty recipe. It makes a fantastic snack. You could dress it up even more with chicken, steak strips, Quorn, olives, whatever you like really. Dig in! If you don't have access to a kitchen this could be cooked on an alter fire or campfire.

PHOTOGRAPHS

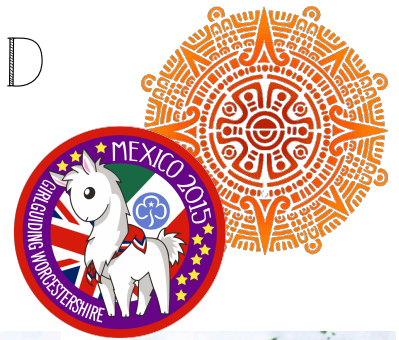
A seriously tasty 15 minute snack, add sides and feast at a fiesta!





MEXICO INSPIRED FOOD

ENCHILADAS



SUITABLE FOR

TIME



Approximately
1 hour



EQUIPMENT/INGREDIENTS

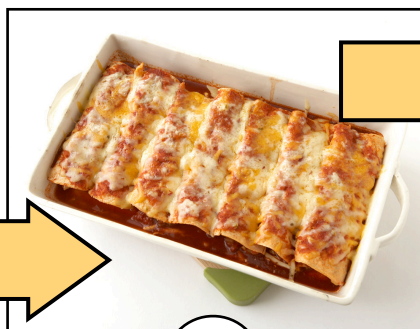
- 3 tbsp Olive Oil
- 2 Red Onions (sliced)
- 2 Red Peppers (sliced)
- 3 Red Chillies (deseeded and chopped)
- Small Bunch Coriander (roughly chopped)
- 2 Garlic Cloves (crushed)
- 6 Skinless Chicken Breasts (cut into small chunks)
- 415g Can Refried Beans (we used Discovery)
- 198g Can Sweetcorn (drained)
- 700ml Passata
- 1 tsp Caster Sugar
- 10 Tortillas
- 300ml Soured Cream
- 200g Cheddar (grated)
- Chopping Board
- Knife
- Bowl
- Frying Pans x2
- Oven Proof Dish

INSTRUCTIONS

1. Chop and measure all the ingredients as shown in the equipment/ingredients box.
2. Heat 2 tbsp of the oil in a pan, then fry the onions, peppers, chopped chili and coriander with half the garlic for 10 minutes until soft. At the same time in another frying pan, fry the chicken in the left over olive oil until browned – add it to the pan.
3. Stir the beans, sweetcorn and 150ml of the passata into the veg and chicken. In a bowl, mix the rest of the passata with the crushed garlic, the remaining spices and the sugar.
4. Lay the tortillas onto a board and divide the chicken mixture between them, folding over the ends and rolling up to seal. Add the passata sauce to the oven proof dish, then top with the enchiladas. Dot over the soured cream, sprinkle with grated cheese and scatter with the sliced chili. Heat oven to 200°C/400°F and bake for 30 minutes.

PHOTOGRAPHS

A delicious main dish, perfect as a snack for a Girlguiding unit!





MEXICO INSPIRED FOOD



FAJITAS



SUITABLE FOR



TIME

Approximately
3 hours *



EQUIPMENT/INGREDIENTS

- 4 Chicken Breasts (cut into chunks)
- Olive Oil (for frying)
- 4 Limes (juice only)
- 2 tsp Fajita Seasoning
- 4 Spring Onions (finely sliced)
- 1 Garlic Clove (crushed)
- 100g Cheddar (grated)
- Pico De Gallo
- Guacamole
- 6 - 8 Tortillas
- Soured Cream (optional)
- Chopping Board
- Knife
- Bowl
- Cheese Grater
- Frying Pan
- Bowls and Plates

INSTRUCTIONS

1. Chop and measure all the ingredients as shown in the equipment/ingredients box.
2. Put the chicken and marinade ingredients in a bowl and cover. Put in the fridge for at least two hours. *
3. Make the Pico De Gallo (pg.26) and the Guacamole (pg.28).
4. Heat a little olive oil in a frying pan and pour the contents of the chicken bowl into the pan. Cook for 5-8 minutes or until the chicken chunks are cooked through.
5. Serve the grated cheese, pico de gallo, guacamole and sour cream in separate bowls. Heat the tortillas according to the pack instructions and put the cooked chicken in a bowl.
6. Lay out your tortilla, choose your toppings, roll them up and eat!

ADVICE

* You may want to marinade the chicken ahead of time.

PHOTOGRAPHS

Some delicious fajitas, dish up your own, kinda like Mexican style Subway...





MEXICO INSPIRED FOOD

CACTUS CUPCAKES



SUITABLE FOR



TIME

Approximately
1 hour



EQUIPMENT/INGREDIENTS

- 110g Butter or Margarine (softened at room temp)
- 110g Caster Sugar
- 2 Eggs (lightly beaten)
- 1 tsp Vanilla Extract
- 110g Self-Raising Flour
- 2-4 tbsp Milk
- 280g Icing Sugar
- 140g Butter (softened) for the icing
- 1-2 drops Food Colouring (green)
- Little Biscuits (Oreos work)
- Hundreds and Thousands
- Muffin Tin
- Paper Cupcake Cases
- Large Mixing Bowl
- Bowls
- Wooden Spoon
- Tablespoon
- Wire Rack
- Toothpicks
- Grease Proof Paper

INSTRUCTIONS

1. Preheat the oven to 180°C/350°F and line a 12-hole muffin tin with paper cases. Cream the butter and sugar together in a bowl until pale. Beat in the eggs a little at a time and stir in the vanilla extract.
2. Fold in the flour, adding a little milk. Spoon the mixture into the cases until half full.
3. Bake in the oven for 10-15 minutes, or until golden-brown on top and a skewer comes out clean. Set aside to cool on a wire rack.
4. For the icing, beat the butter until soft. Add half the icing sugar and beat until smooth. Then add the remaining icing sugar with one tablespoon of the milk, adding more milk if needed, until the mixture is smooth. Add the food colouring and mix well.
5. Dip the biscuits into the icing and decorate with sprinkles, place on top of cake to dry, use toothpicks to secure if needed. Enjoy!

PHOTOGRAPHS

Beautifully decorated cacti, nom nom nom...





MEXICO INSPIRED FOOD

SOMBRERO COOKIES



SUITABLE FOR



TIME

Approximately
45 minutes *



EQUIPMENT/INGREDIENTS

- 2, 3/4 Cups Flour
- 1 tsp Baking Soda
- 1/2 tsp Baking Powder
- 1 Cup Butter (softened)
- 1, 1/2 Cups White Sugar
- 1 Egg
- 1 tsp Vanilla Extract
- Small Bowl
- Large Bowl
- Wooden Spoon
- Grease Proof Paper
- Baking Tray
- Wire Rack
- Jelly Dot Sweets
- Hundreds and Thousands
- Icing (water & icing sugar)

INSTRUCTIONS

1. Preheat oven to 190°C/375°F. In a small bowl, stir together flour, baking soda, and baking powder. Set aside.
2. In a large bowl, cream together the butter and sugar until smooth. Beat in egg and vanilla. Blend in the dry ingredients. Roll rounded teaspoonfuls of dough into balls, and place onto grease proof paper.
3. Bake 8 - 10 minutes in the preheated oven, or until golden. Let stand on the paper for 2 minutes, then move onto wire racks. *
4. Mix icing sugar and water to make an icing paste, use this to stick a jelly dot to the middle of the biscuit.
5. Then use the icing to paste sprinkles in decoration around the edge of the sombrero (like the photo below).
6. Admire, and enjoy! That's it!

ADVICE

* you could cook the sugar cookies from scratch or much quicker use store bought!

PHOTOGRAPHS

Tasty, colourful and super simple. Get creative decorating yours...





MEXICO INSPIRED FOOD

CHOCOLATE POPCORN



SUITABLE FOR

TIME



Approximately
10 minutes



EQUIPMENT/INGREDIENTS

- 1 Bag of Salted Popcorn
- 100g Unsweetened Dark Chocolate
- ¼ tsp. Ground Cinnamon
- 1 Brown Paper Bag
- Knife
- Chopping Board
- Grease Proof Paper

INSTRUCTIONS

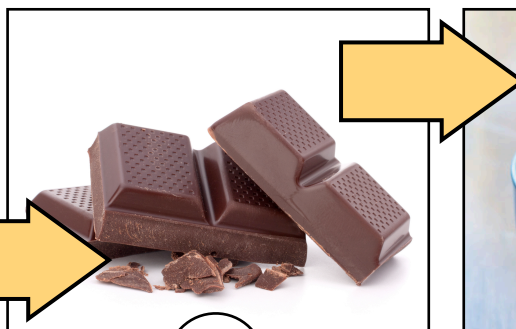
1. Roughly chop your chocolate, into small pieces with some larger chunks mixed in. The larger ones will slightly melt and stick to the popcorn.
2. Divide chocolate into two equal parts. Place popcorn bag in the microwave and pop according to instructions.
3. After popping has stopped, let popcorn bag rest for 30-60 seconds, then open bag carefully away from you. It will be hot.
4. Pour half of the popcorn into the brown bag, immediately followed by half of the chocolate and half of the cinnamon.
5. Now add remaining popcorn, chocolate and cinnamon. Close the brown bag and shake to thoroughly coat the popcorn with the chocolate and the cinnamon.
6. Spread out over grease proof paper to cool.

ADVICE

The popcorn is very hot when it has first been microwaved and so we would advise close adult supervision for this recipe. Also the knife used to chop the chocolate will need to be sharp. For younger girls you may wish to pre-chop the chocolate and allow them just to mix the ingredients. Enjoy!

PHOTOGRAPHS

Salty popcorn, rich tasty chocolate with cinnamon, a perfect match!





MEXICO INSPIRED FOOD

SUGAR SKULL

COOKIES



SUITABLE FOR



TIME

Approximately
45 minutes *



EQUIPMENT/INGREDIENTS

- 2, 3/4 Cups Flour
- 1 tsp Baking Soda
- 1/2 tsp Baking Powder
- 1 Cup Butter (softened)
- 1, 1/2 Cups White Sugar
- 1 Egg
- 1 tsp Vanilla Extract
- Food Colouring (lots colours)
- 2 Bowls
- Wooden Spoon
- Grease Proof Paper
- Baking Tray
- Wire Rack
- Piping Bags
- Icing (water and icing sugar)
- Decorating Pens

INSTRUCTIONS

1. Preheat oven to 190°C/375°F. In a small bowl, stir together flour, baking soda, and baking powder. Set aside.
2. In a large bowl, cream together the butter and sugar until smooth. Beat in egg and vanilla. Blend in the dry ingredients. Roll rounded teaspoonfuls of dough into balls, and place onto grease proof paper and shape into skulls (they may spread).
3. Bake 8 - 10 minutes in the preheated oven, or until golden. Let stand on the paper for 2 minutes, then move onto wire racks. *
4. Mix icing sugar and water to make an icing paste, use this to cover the top of the cookie. After that you can decorate the skull however you like; with colour icing paste, decorating pens or royal icing. Take some inspiration from the pictures below.
5. Decorate, set and enjoy!

ADVICE

* you could cook the sugar cookies from scratch or much quicker use store bought!

PHOTOGRAPHS

Sugar skulls are brightly coloured with vibrant designs, make them bright!





MEXICO INSPIRED FOOD

MOCK MARGARITAS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT/INGREDIENTS

- Coarse salt or Coarse Sugar (optional)
- Lime Wedge (optional)
- 500ml Frozen Limeade Concentrate
- 3/4 Cup Orange Juice
- 2/3 Cup Unsweetened Grapefruit Juice
- 4 Cups Ice Cubes
- Green Food Colouring (optional)
- Lemon or Lime Slices (optional)
- Blender
- Glasses or Cups

INSTRUCTIONS

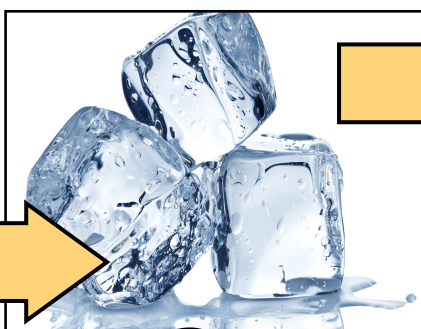
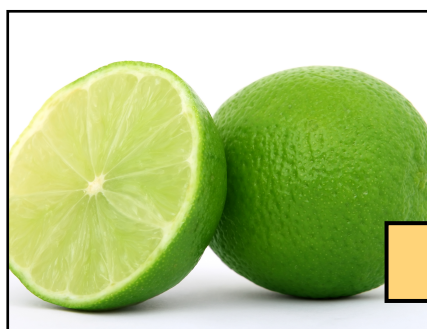
1. If you like, you can rub the rims of the cups with a lime wedge; dip rims into a shallow dish of coarse salt or sugar and shake off excess. Set aside, makes them look fancy!
2. In a blender combine limeade concentrate, orange juice, and grapefruit juice. Cover and blend until smooth.
3. With the blender running, gradually add ice cubes through the hole in the lid, blending until slushy. If you want you can tint the mix with a few drops of green food coloring.
4. Pour into cup and if you like garnish with citrus slices. Relax and enjoy!

ADVICE

This recipe makes 8 cups of the margarita mix. For 18yrs+ Senior Section members or Trefoil members you could add tequila, not so mock then.

PHOTOGRAPHS

A really refreshing drink for summer meetings and fiestas...





MEXICO INSPIRED FOOD

MEXICAN HOT CHOCOLATE



SUITABLE FOR

TIME



Approximately
15 minutes



EQUIPMENT/INGREDIENTS

- 2 ltr Evaporated Milk
- 4 tsp Ground Cinnamon
- 1 tbsp Vanilla Extract
- 1 tsp Ground Nutmeg
- Pinch Cayenne Pepper
- 700g Chocolate Chips
- Cocoa Powder (for serving)
- Mugs or Cups
- Saucepan

INSTRUCTIONS

1. In a saucepan over medium heat, whisk together milk, cinnamon, vanilla extract, nutmeg and cayenne pepper.
2. Add the chocolate chips. Stir until the chocolate is melted. Cover and turn heat to low for 5 minutes.
3. Pour into cups or mugs and dust with cocoa powder.
4. Sip and enjoy!

ADVICE

This recipe makes 8 mugs of hot chocolate. You could use regular milk instead of evaporated milk and chop up chocolate bars rather than chocolate chips. The chocolate you use is entirely up to you too, could be milk, semisweet or dark chocolate. This could also be done over a campfire!

PHOTOGRAPHS

Chocolate and warm spices, Mexico scores again! Enjoy round a campfire...





MEXICO INSPIRED GAMES/QUIZZES

CHILI PEPPER RELAY



SUITABLE FOR



TIME

Approximately
10 minutes



EQUIPMENT

- Long Red Balloons (enough for the number of teams and maybe a few spares)

INSTRUCTIONS

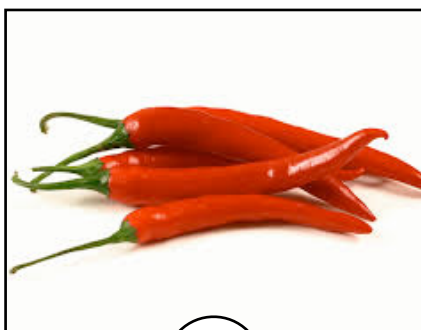
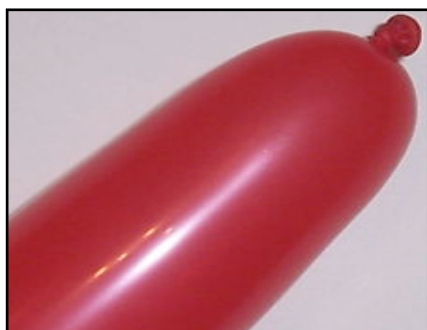
1. Divide your Girls into two or more teams and have each team form a line.
2. Give each team a long red balloon (their "chili pepper").
3. Girls pass their chili pepper down the line as quickly as possible. The first player passes it between her legs, the second over her head, the third between her legs, and so on.
4. When the pepper reaches the last Girl, they race to the front of the team's line and start to pass the chili pepper down again.
5. The relay ends when the first player from one of the teams reaches the back of her team's line, gets the chili pepper, and returns it to the front of the line by passing it in reverse.
6. The winning team does all of this and sits down in their line quietly. Good luck!

ADVICE

Depending on how much time you have and the age of your Girls, you could have them blow up the balloons themselves and turn that into a competition too. You can leave this game as it is or make it more complicated; i.e. add in obstacles or round green balloons to be limes, pass them the other way? Teams of 5-6 Girls seem to work well, 4 or less makes it too easy, more than 6 and it starts to get a little messy. Although older Girls might enjoy that?

PHOTOGRAPHS

Chili Peppers, balloons and teams, what's not to like?





MEXICO INSPIRED GAMES/QUIZZES

JUMPING BEANS



SUITABLE FOR



TIME

Approximately
15 minutes



EQUIPMENT

- Stereo (music player)
- Mexican Music

INSTRUCTIONS

1. Make sure you have some space for a dance floor, set up the stereo and get ready to some blast some Mexican tunes! And let those beans (Girls) throw some serious shapes...
2. Hit play, rather than dancing, the Girls jump around like Mexican 'jumping beans'. They have to keep jumping as long as the music is playing. *
3. When the music stops the beans or Girls have to stand perfectly still like a statue.
4. Anyone caught moving (even a wobble) when the music stops is out.
5. Keep playing and stopping this crazy jumping process until there is one 'jumping bean' left - they're the winner!
6. Then, feel free to go again? Adapt the rules however you like.

ADVICE

This game is played much like musical statues. * Depending on the physical abilities of your Girls you may want to adapt the jumping concept. Vary the music to suit your Girls, and make the rules as strict as you like. You may be okay with a bit of a wobble when the music stops, or possibly even a blink would disqualify someone. For music we recommend the Macarena, and anything by the Gipsy Kings (we know they're French, but they sing in Spanish) and Bambolea is ace!

PHOTOGRAPHS

Girls + music = Mexican jumping beans...





MEXICO INSPIRED GAMES/QUIZZES

BEAN & SPOON RELAY



SUITABLE FOR



TIME

Approximately
10 minutes



EQUIPMENT

- Dried Beans
- Bowls x2
- Plastic Spoons (enough for 1 for each Girl playing)

INSTRUCTIONS

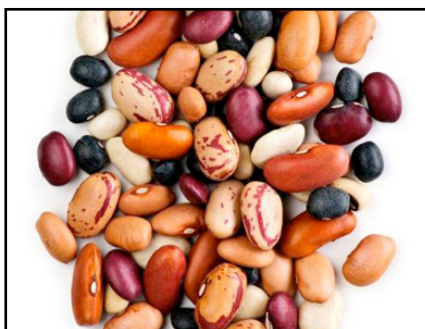
1. Divide your Girls into two or more teams and have each team form a line standing about an arms reach apart.
2. Each team will have two bowls and plastic spoons. One bowl should be empty and placed at the back of the team and one filled with beans at the front.
3. The first player will scoop up a bean with the plastic spoon, move to their next team member, transfer the bean to their partner's spoon without touching the bean.
4. The bean gets passed down all the team members in the same way and when it reaches the back of the team line, the bean gets dropped into the empty bowl.
5. The relay ends when the one of the teams transfers all their beans into the second bowl. The winning team does all of this and sits down in their line quietly. Good luck!

ADVICE

The rules for the game can be varied. For older Girls we recommend that when a bean is dropped that it stays where it falls and the team has to start with a new bean. You could make the winning team the one who gets all their beans to the second bowl, or the team who gets the most beans the quickest? We recommend the teams have the same number of Girls to keep it fair. Good luck!

PHOTOGRAPHS

Beans, spoons and teams. It's that easy!





MEXICO INSPIRED GAMES/QUIZZES

DONA BLANCA



SUITABLE FOR



TIME

Approximately
15 minutes



EQUIPMENT

- Open space, that's it really!

INSTRUCTIONS

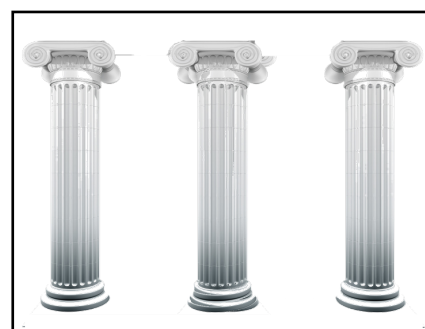
1. Select a Girl to be Dona Blanca and another to be a jicotillo (hornet). All the other Girls form a circle and lock elbows, pretending to be pillars. Dona Blanca stands in the middle of the circle and dances around while the jicotillo dances on the outside of the circle.
2. The pillars sing or chant the following: Dona Blanca all surrounded, with pillars of silver and gold. Break a column now, if Dona Blanca you will hold.
4. Dona Blanca and the hornet then chant or sing: Who is this hornet, who chases Dona Blanca? I am the hornet, who's trying to catch her!
5. The hornet then tries to break through the hands of the pillars and catch Dona Blanca while she stands in the circle. When she is caught, Dona Blanca closes her eyes and points to one of the pillars, who will be the next Dona Blanca. Go again!

ADVICE

Dona Blanca (Mrs. White) is a traditional Mexican game. Dona Blanca hides from a jicotillo (hornet) behind pillars, whilst the hornet tries to catch her. This game is pretty straight forward. You might want to teach your Girls the words for the pillars and Dona Blanca and the hornet before you play the game starts. We found otherwise the Girls get too excited and forgot them. We decided that chanting the words worked best, but the chant did get faster as the Girls got more excited. Enjoy!

PHOTOGRAPHS

A hornet, chanting and pillars and Mrs White. It's fun, honest!





MEXICO INSPIRED GAMES/QUIZZES

LLAMA DRIVE



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Llama Drive Template (Appendix - pg.)
- Dice
- Pens or Pencils

INSTRUCTIONS

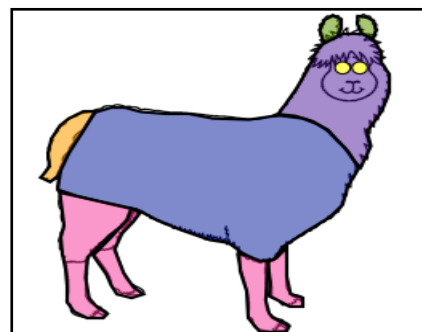
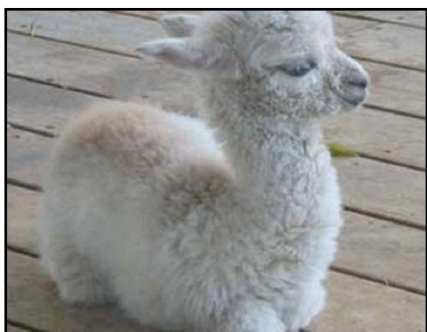
1. Give out a photocopied Llama Drive (appendix) sheet, a pen or pencil per Girl and a dice per group.
2. To draw their llama the Girls must roll a six to start. If they roll a 6 they draw the llama's body. Then it moves to the next person's go. If a Girl doesn't roll a 6, then her go is over and the dice moves to the next Girl.
3. The llama's body parts should be drawn in order; body, head, ears, tail, legs and then eyes. If a Girl doesn't roll the right number to draw the next body part then the dice moves to the next person.
4. The winner is the Girl who completes her llama first and shouts "llama!"
5. All players then add up the number of body parts they have added to their own llama scoring one point for each part to a maximum of 11 for a completed beetle.

ADVICE

This is a Mexican/South American themed version of a beetle drive. The part drawn is decided by the roll of a die. The traditional rolls are: 6 is for the body of which there is one. 5 is for the head of which there is one. 4 is for the ears of which there are two. 3 is for the tail of which there is one. 2 is for a leg of which there are four. 1 is for an eye of which there are two. You can go as many times as you like! Enjoy!

PHOTOGRAPHS

Who needs a beetle drive when you have llamas!





MEXICO INSPIRED GAMES/QUIZZES



MEXICAN CHOCOLATE RACE



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT

- Sombrero x2
- Poncho x2
- Rubber Gloves x2
- Knife and Fork x2
- Chocolate Bars
- Plate x2

INSTRUCTIONS

1. Put the chocolate bar on a plate, next to it put the cutlery and clothing items. Do this for two tables and have the Girls line up in two teams.
2. When the Leader says go, the first two Girls in the line have 30 seconds until their turn is up. The Girls run/walk/skip to the table, they then have to put on the poncho, sombrero, rubber gloves and then use the cutlery to cut the chocolate into pieces.
3. Only when they have cut a piece off the chocolate bar may they eat it. If they don't manage to cut any off the bar in the 30 seconds, then no chocolate for them. They then have to take all the items off, put them back and join the back of the line.
4. The game is finished when the first team finishes their chocolate bar, this could take a while though, especially depending on how big the chocolate bar is!

ADVICE

The aim of the game is to get to the chocolate and get to eat some of it! You can make this as hard or easy as you like. Plastic cutlery, more time, more clothing, further to skip, or a smaller bar. Whatever works for you and your girls. You could also swap out the chocolate for another item to suit dietary needs, have fun with it! Let us know if you come up with any crazy ideas!

PHOTOGRAPHS

Okay, pass the cutlery and let me have a go!





MEXICO INSPIRED GAMES/QUIZZES

MEXICAN LADDERS



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Open space, that's it really!

INSTRUCTIONS

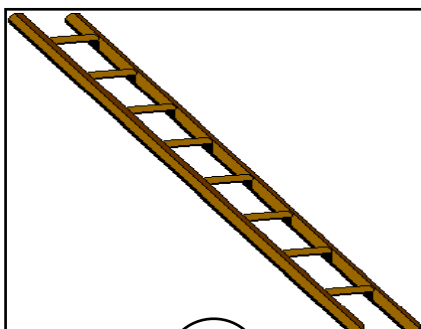
1. Girls should get themselves into pairs.
2. Once paired up they should sit opposite each other, with their feet out, in two lines, a little apart, so that this looks like a ladder.
3. Give the Girls a theme, for instance like Mexico, the Girls should all choose a word or item to do with Mexico. For example they could choose; cactus, piñata, nachos and fiesta. The Leader then tells a story using these words; "once there was a little cactus in Mexico, she loved to eat nachos.."
4. Every time the Leader says the pairs' word they get up, hop over the legs of the other ladders to the left of them, walk/skip around the outside of the ladder and then hop back down to their place and sit down.
5. If the theme is Mexico, if the Leader says "Mexico" all the Girls get up and hop round.

ADVICE

This game works for lots of themes and is a great easy game to play. It does need space and the Girls need to be sensible whilst playing. There doesn't necessarily have to be a winner, nor do you have to do Step.5. If you do want to make it competitive you can add in the concept that the first Girl to get back to her spot from the pair wins. Carefully consider the flooring of the area you where you play this; shoes, socks, no shoes or socks, make this call according to the safety of your Girls.

PHOTOGRAPHS

Once there was a little llama, he was from Mexico...





MEXICO INSPIRED GAMES/QUIZZES



ESCONDIDA (HIDE & SEEK)



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Open space, that's it really!

INSTRUCTIONS

1. Count in Spanish instead of English (see advice box) and "Here I come!" can also be said in Spanish "Ya me voy!"
2. The person who is the counter (or seeker) stands next to a designated item (inside a chair or outside a tree) and close their eyes while counting to 30 (or whatever you feel would be appropriate for your Girls).
3. The rest of the players run and hide.
4. When the seeker is done counting, they call out "Ready or Not, Here I come!" and begin searching for everyone else. The goal for those hiding is to get back and touch the base before being tagged. Those who are tagged before touching the base are also "It" and join the seeker.
5. The last one to reach the base or be tagged is the seeker for the next game. Coming, ready or not!

ADVICE

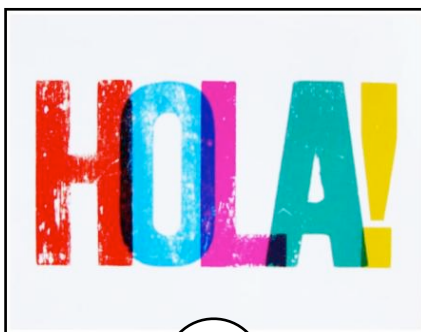
'Hide and Seek' played in Mexico is called 'Escondida'. Best played where you've got lots of places to hide. Good for outside in the summer.

Spanish - English

uno -- one
dos -- two
tres -- three
cuatro -- four
cinco -- five
seis -- six
siete -- seven
ocho -- eight
nueve -- nine
diez -- ten

PHOTOGRAPHS

We're coming ready or not!





MEXICO INSPIRED GAMES/QUIZZES

CHOCOLATE QUIZ



SUITABLE FOR



TIME

Approximately
30 minutes



EQUIPMENT

- Chocolate Quiz
(Appendix - pg.67-68)
- Chocolate Quiz Answers
(Appendix - pg.69-70)
- Pens or Pencils

INSTRUCTIONS

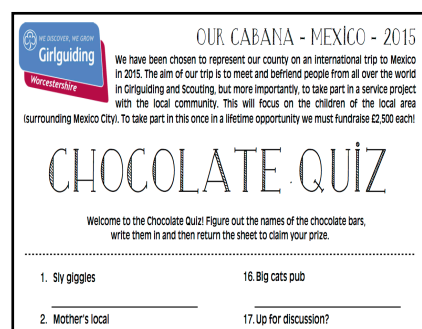
1. Photocopy/print/project/look at online, find a way that works for you for the Girls to look at the quiz. It is entirely up to you whether they write on the paper or on something else if you want to re-use the quiz. You may want Girls to share a paper or have one each, do what works for your unit.
2. Give the Girls a time scale to work to and any other instructions, can they discuss, is this in silence, see the advice box for more ideas on how to vary it. You may also want to cut the questions down from 60.
3. Once the Girls have finished or have come to the end of the time period you've given them it's time to mark! Again see the advice box for how you can vary this.
4. You may want to give a prize or certificate to your winning Girl, pair, team or just a huge congratulations. Leaders may want to have a go at this too!

ADVICE

This quiz is a little tricky, which is why we don't think that Rainbows or Brownies would enjoy this as much as some of the older sections. Depending on how challenging you want to make this you could; set a time limit, have the Girls in teams and maybe even let them use the internet to look for answers. You could take these into mark or give the Girls the sheets and let them to mark their own.

PHOTOGRAPHS

Have a go at our chocolate quiz, it's deliciously tricky...





MEXICO INSPIRED GAMES/QUIZZES



MEXICAN KICK BALL



SUITABLE FOR



TIME

Approximately
30 minutes*



EQUIPMENT

- Open space, that's it really!
- Footballs
- Cones
- Hoops
- Cardboard Boxes
- Pavement Chalk

INSTRUCTIONS

1. Set up an obstacle course for your Girls that they can kick a ball around. Cones, hoops, cardboard boxes all work really well.
2. Divide Girls into teams (3-4 people works pretty well). Each team member takes turns kicking a ball (no hands!) around an obstacle course. The first team that has all players complete the course is the winner.
3. It's best to demonstrate how the course should be used before the teams set off. The more teams you have the more courses you will need unless the teams take it in turns, then you only need one course!
4. The winning team should sit (if it's not too wet out) in a line quietly to show that they've finished. You can make this game as easy or difficult as you like and it's great for those light summer evening meetings. * the time includes set up and clear up of the course, assuming it's not huge!

ADVICE

Mexican Kick Ball is a game played traditionally in Mexican villages; it's a great fiesta outdoor game for teams and large groups of kids. This can be played inside or outside, but you do need an open space. Pretty much anything can become part of your course, if getting hold of items is tricky you can buy pavement chalk and draw obstacles onto the floor to use instead!

PHOTOGRAPHS

Aim, run, kick! Success!





MEXICO INSPIRED MUSIC & LANGUAGE MAKE NEW FRIENDS SONG



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Our Cabana Song Lyrics (Appendix - pg.71)
- A device for playing the youtube clip of the Our Cabana song (phone, tablet or laptop etc)

INSTRUCTIONS

1. Listen to the Make New Friends Song (see the youtube link or find a Leader who knows the song and ask them to help out).
2. Read through the lyrics to the song.
3. Have a go at singing the Make New Friends song!
4. Keep practicing!

ADVICE

Here's a link to a youtube clip of the Make New Friends song:

<http://tinyurl.com/makenewfriendssong>

Duration: 45 seconds.

You may want to play the video several times for the Girls to listen to. You could also spice it up with some Makaton or BSL for an added twist on the original! Have fun!

PHOTOGRAPHS

Friendship is what unites us, and what makes us progress...





MEXICO INSPIRED MUSIC & LANGUAGE

BASIC SPANISH



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- Basic Spanish Sheet (Appendix - pg.72)
- Pens or Pencils
- Paper or Card
- Any other supplies you want to make this your own!

INSTRUCTIONS

1. Use the Basic Spanish sheet (appendix) to design activities that will suit your unit and your Girls.
2. See the advice box below.
Hola, me encanta Mexico!

ADVICE

One of the best ways to learn a language is by immersion. You have to hear and speak it until it becomes natural. The only way to do this is really by practice, and to practice with a native speaker. If you have a Spanish speaking friend try chatting to them in Spanish.

There are loads of ways you could use the Basic Spanish sheet; if you know a leader who speaks Spanish or a member or another section or unit why not get them to come and practice with you. You could split the Spanish and the English and have the Girls match them up, or take that to another level and hide them as cards around your meeting place, the Girls would have to match them up. You could run a normal meeting but try to speak only in Spanish. Invite in a Spanish teacher to run a session with your unit.

There are also loads of great videos, websites and apps on the internet that you can use to help with Basic Spanish, just have fun with it. Adiós for now!

PHOTOGRAPHS

Hola, me encanta Mexico!





MEXICO INSPIRED MUSIC & LANGUAGE

MACARENA



SUITABLE FOR



TIME

Approximately
20 minutes



EQUIPMENT

- A device for playing the Macarena song (phone, tablet or laptop etc)
- A device for playing the youtube clip of the Our Cabana song (phone, tablet or laptop etc)

INSTRUCTIONS

1. Count in time with the music, 1-8 beats. Put your right arm straight in front of you with your palm down on 1. On 2, bring your left arm straight out in front of you, palm down.
2. On 3, flip your right hand over. On 4, flip your left hand over. On 5, touch your left shoulder with your right hand. On 6, touch your right shoulder with your left hand.
3. Slide your right hand underneath your left arm and touch the right side of your head on 7. On 8, touch the left side of your head with your left hand. Put your right hand on your left hip on 1. Then your left hand to your right hip on 2.
4. Roll your hips 3 times -- to the right, to the left, and to the right once more on 5, 6, and 7. Then on 8, jump a quarter-turn to the left and clap your hands. That's it!
5. Repeat!

ADVICE

Here's a link to a youtube clip of the Macarena dance:

<http://tinyurl.com/macadance>
Duration: 3minutes 41seconds.

We feel that the lyrics and dance aren't unsuitable for the Girls, there are far more interesting things about, but please use your judgement for your own unit.

PHOTOGRAPHS

Dum, dada dum, dada dum, duh der da, hey Macarena!





MEXICO INSPIRED PARTY

PARTY

(FIESTA)



SUITABLE FOR



TIME

Approximately
1 meeting *

EQUIPMENT

- See other Challenge Pack pages for ideas of crafts, recipes, games and other activities for your fiesta.

INSTRUCTIONS

1. Go through the pack and get the Girls to help you pick out appropriate activities that you and they would like to do.
2. Set a date for a meeting or another time that would work for your fiesta.
3. Budget for the activities and gather the materials you need for your fiesta.
4. You may want to have the Girls create invitations for the fiesta if parents/ guardians or other units or sections might be attending.
5. On the day of the event leave some time before hand to set up you materials and make sure you have everything ready.
6. And enjoy! Fiesta in style! Eat, drink, dance, play games, do quizzes, sing, make new friends and learn new information about Guiding. Just have fun!

ADVICE

This could take as much or as little time as you like * this could be a meeting or even a camp or sleepover. Depending on the activities selected this could be a very cost effective or slightly more expensive party, make sure you plan for your unit's budget. Or even invite other units or sections to join you and spread the costs and planning. You could even do a 'pot luck' where everyone cooks a different dish to bring? Enjoy!

PHOTOGRAPHS

Time for dancing, food and fun. Fiesta!





MEXICO INSPIRED PARTY

MEXICAN HOLIDAYS



SUITABLE FOR



TIME

Approximately
1 meeting *



EQUIPMENT

- Mexican Holidays sheet (Appendix - pg.73)
- See other Challenge Pack pages for celebration ideas.

INSTRUCTIONS

1. Read through the Mexican Holidays sheet (appendix) and get the Girls to help you pick which holidays that you and they would like to celebrate.
2. Set a date for a meeting or another time that would work for your holiday.
3. Budget for the activities and gather the materials you need for your holiday.
4. You may want to have the Girls create invitations for the holiday you're celebrating if parents/guardians or other units or sections might be attending.
5. On the day of the event leave some time before hand to set up you materials and make sure you have everything ready.
6. And enjoy! Celebrate your holiday in true Mexican style! Eat, drink, dance, play games, and learn new information about Mexico!

ADVICE

This could take as much or as little time as you like * this could be a meeting or even a camp. Depending on the activities selected this could be a very cost effective or slightly more expensive party, make sure you plan for your unit's budget. You may even want to celebrate several Holidays at one event, or even all of them. You might prefer to wait until they come round in the year. But everyone loves a chance to celebrate!

PHOTOGRAPHS

What can we celebrate this month?



GUIDING WORLD CENTRES QUIZZES

Quiz A

No.	Question	Answer
1	In which country will you find Pax Lodge?	
2	In which country will you find Our Chalet?	
3	In which country will you find Our Cabana?	
4	In which country will you find Sangam?	
5	What continent has a moving World Centre?	
6	In what year was Our Chalet founded (opened)?	
7	What was the name of the first World Centre in London?	
8	Which World Centre is found on the bank of the Mula River?	
9	Which World Centre has a tree in its logo?	
10	What was written in 1957 at Our Cabana?	
TOTAL		/ 10

Quiz B

No.	Question	Answer
1	Which 2 languages are the Our Cabana Song written in?	
2	When was the World Centre at Sangam started to be built?	
3	Who opened the Sangam World Centre?	
4	What's the name of the nearest town to Our Chalet?	
5	Which World Centre is located in the "city of eternal spring"?	
6	Which World Centre has it's own Challenge to complete?	
7	Pax Lodge was opened by the Princess of which Country?	
8	Who donated the money to start building Our Chalet?	
9	Name 1 of the countries the fifth World Centre has been to?	
10	Which World Centre has a drop of water - an aztec symbol of life in its symbol?	
TOTAL		/ 10

GUIDING WORLD CENTRES QUIZZES - ANSWERS

Quiz A

No.	Question	Correct Answer
1	In which country will you find Pax Lodge?	England (UK)
2	In which country will you find Our Chalet?	Switzerland
3	In which country will you find Our Cabana?	Mexico
4	In which country will you find Sangam?	India
5	What continent has a moving World Centre?	Africa
6	In what year was Our Chalet founded (opened)?	1932
7	What was the name of the first World Centre in London?	Our Ark
8	Which World Centre is found on the bank of the Mula River?	Sangam
9	Which World Centre has a tree in its logo?	Our Cabana
10	What was written in 1957 at Our Cabana?	Our Cabana Song
TOTAL		/ 10

Quiz B

No.	Question	Correct Answer
1	Which 2 languages are the Our Cabana Song written in?	English & Spanish
2	When was the World Centre at Sangam started to be built?	1964
3	Who opened the Sangam World Centre?	Lady Baden-Powell
4	What's the name of the nearest town to Our Chalet?	Adelbodan
5	Which World Centre is located in the "city of eternal spring"?	Our Cabana
6	Which World Centre has it's own Challenge to complete?	Pax Lodge
7	Pax Lodge was opened by the Princess of which Country?	Denmark
8	Who donated the money to start building Our Chalet?	Helen Storrow
9	Name 1 of the countries the fifth World Centre has been to?	Ghana / South Africa / Nigeria / Rwanda / Kenya
10	Which World Centre has a drop of water - an aztec symbol of life in its symbol?	Our Cabana
TOTAL		/ 10

OUR CABANA QUIZ

No.	Question	Answer
1	In which country will you find Our Cabana?	
2	What is the logo of Our Cabana?	
3	What was written in 1957 at Our Cabana?	
4	Which 2 languages are the Our Cabana Song written in?	
5	Our Cabana is located in the "city of eternal spring", what is the name of the town?	
6	The water drop in the Our Cabana logo is an aztec symbol for what?	
7	Our Cabana's mascot is a donkey, what is his name?	
8	What does the donkey's name mean in English?	
9	What in the name of the door you pass through to enter?	
10	Our Cabana was extended to make it larger in what year?	
11	How many parts are there to the Our Cabana logo (not counting the Trefoil or name)?	
12	The dining room at Our Cabana is Xochicalli, what does it mean in English?	
13	How many verses does the Our Cabana song have?	
14	Which of these does Our Cabana not have? A swimming pool, a volleyball court, a climbing wall, or a tennis court?	
15	What airport is closest for flying to Our Cabana in Mexico?	
16	How many acres of tropical gardens surround Our Cabana?	
17	In which month is it most likely to rain in the evenings at Our Cabana?	
18	What are the 2 main colours in the Mexican flag, other than white and the central eagle?	
TOTAL		/ 20

OUR CABANA QUIZ - ANSWERS

No.	Question	Correct Answer
1	In which country will you find Our Cabana?	Mexico
2	What is the logo of Our Cabana?	a Tree
3	What was written in 1957 at Our Cabana?	Our Cabana Song
4	Which 2 languages are the Our Cabana Song written in?	English & Spanish
5	Our Cabana is located in the "city of eternal spring", what is the name of the town?	Cuernavaca
6	The water drop in the Our Cabana logo is an aztec symbol for what?	Life
7	Our Cabana's mascot is a donkey, what is his name?	Amigo
8	What does the donkey's name mean in English?	Friend
9	What in the name of the door you pass through to enter?	The Chief's Door
10	Our Cabana was extended to make it larger in what year?	1969
11	How many parts are there to the Our Cabana logo (not counting the Trefoil or name)?	4
12	The dining room at Our Cabana is Xochicalli, what does it mean in English?	House of Flowers
13	How many verses does the Our Cabana song have?	5
14	Which of these does Our Cabana not have? A swimming pool, a volleyball court, a climbing wall, or a tennis court?	a Climbing Wall
15	What airport is closest for flying to Our Cabana in Mexico?	Mexico City International
16	How many acres of tropical gardens surround Our Cabana?	5
17	In which month is it most likely to rain in the evenings at Our Cabana?	August
18	What are the 2 main colours in the Mexican flag, other than white and the central eagle?	Green & Red (2 marks)
TOTAL		/ 20

MEANING OF OUR CABANA'S LOGO

The Our Cabaña symbol is also the symbol for the city of Cuernavaca.

What do you think the symbols mean?

THREE BRANCHES

ROOTS

TRUNK



DROP OF WATER

INSTRUCTIONS

Write what you think the symbols mean on this sheet.

Share your ideas with the other people around you.

OUR CABANA'S LOGO - ANSWERS

The Our Cabaña symbol is also the symbol for the city of Cuernavaca.

The parts of the logo symbolize:

THREE BRANCHES

One branch for each part of the original promise.

ROOTS

Growing deep in the ground signify the firm base of the Guiding and Scouting movement.

TRUNK

Represents the strength of the world movement and reminds us that we are 10 millions members around the world.



DROP OF WATER

Aztec symbol of life and shows us how life is flowing into the Guiding and Scouting organization. It is also a pre-Hispanic symbol of communication and represents communication with both the Girl Guiding and Girl Scouting movement, and the community of Cuernavaca.

INSTRUCTIONS

Compare your ideas with what Our Cabana say their logo means.

Are your ideas similar?
Can you see ideas like these in another Girl Guiding symbol?

OUR CABANA SONG LYRICS

1. Neath the Grand Sierra Madre on a plain in Mexico,
Lies our beautiful Cabaña, where Girl Scouts and Guides go,
Oh come then to see the mountains, the Cactus and sunny skies,
Hear the crickets in the evening and see the white moon arise.

2. En la bella Cuernavaca, en un valle en México,
sencuentra Nuestra Cabaña un lugar lleno de sol,
Vamos a Nuestra Cabaña, gozaremos a llegar
d'amistad y d'alegria y de belleza sin par.

3. When you see the warm red roofs,
you think of hearts that glow with cheer,
And the walls of sturdy stone work stand for friendship so dear,
Each day there is filled with laughter,
each evening is filled with song,
And our stay at Our Cabaña gives us memories life long.

4. Cada día en Nuestra Cabaña, trabajamos por cumplir,
Los ideales de Guidismo y de nuestro fundador,
Vayamos a La Cabaña, nuestra promesa a vivir,
con nuestras hermanas Guías, l'amistad a compartir."

5. When you go to Our Cabaña you will find yourselves at home,
There's a greeting smile so friendly and a handshake so warm.
So come now to Our Cabaña, world friendship to increase,
and carry to our homeland International peace.

GUÍAS DE MEXICO

GUÍAS

Age: 9 to 13 years.

Motto: Be Prepared.

Promise: I promise on my honor to do the best to comply with my duty to God and Mexico, my country, to be useful to others in all circumstances and live the guide law.

Law:

- A Guide is a friend of all and sister to all Guides.
- A Guide is courteous.
- A Guide is a friend of animals and plants in nature and sees God's work. A Guide obeys orders.
- A Guide faces difficulties with fortitude and optimism.
- A Guide is economical.
- A Guide is kept pure in thought, word and deed.



Guias de Mexico was founded in 1930 and became an associate member of the World Association of Girl Guides and Girl Scouts in 1948 and a full member in 1957.

HADITAS

Age: 6 to 9 years.

Motto: Give help.

Promise: I promise to do my best, to fulfill my duty to God and my homeland Mexico, to help everybody, every day, especially those in my home.

Law:

- Haditas always tell the truth.
- Haditas are obedient and cheerful.



GUÍAS

INTERMEDIAS

Age: 13 to 15 years.

Motto: Always ready.

Promise: I promise on my honor to do the best to comply with my duty to God and Mexico, my country, to be useful to others in all circumstances and live the guide law.

Law:

- A Guide is a friend of all and sister to all Guides.
- A Guide is courteous.
- A Guide is a friend of animals and plants in nature and sees God's work. A Guide obeys orders.
- A Guide faces difficulties with fortitude and optimism.
- A Guide is economical.
- A Guide is kept pure in thought, word and deed.



GUÍAS DE MEXICO

Age: 15 to 18 years.

Motto: Serve.

Promise: I promise on my honor to do the best to comply with my duty to God and Mexico, my country, to be useful to others in all circumstances and live the guide law.

Law:

- A Guide is a friend of all and sister to all Guides.
- A Guide is courteous.
- A Guide is a friend of animals and plants in nature and sees God's work. A Guide obeys orders.
- A Guide faces difficulties with fortitude and optimism.
- A Guide is economical.
- A Guide is kept pure in thought, word and deed.

GUÍAS MAYORES

GIRASOLES

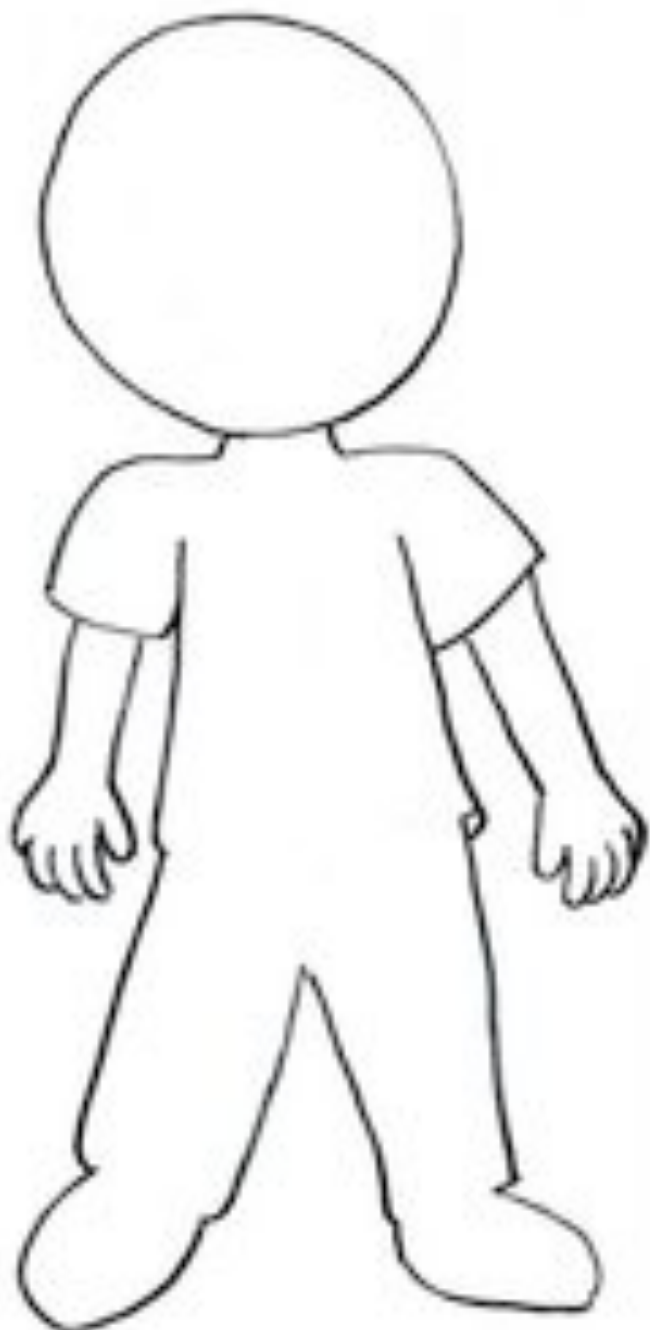
Age: 4 to 6 years.

Motto: Always be happy.

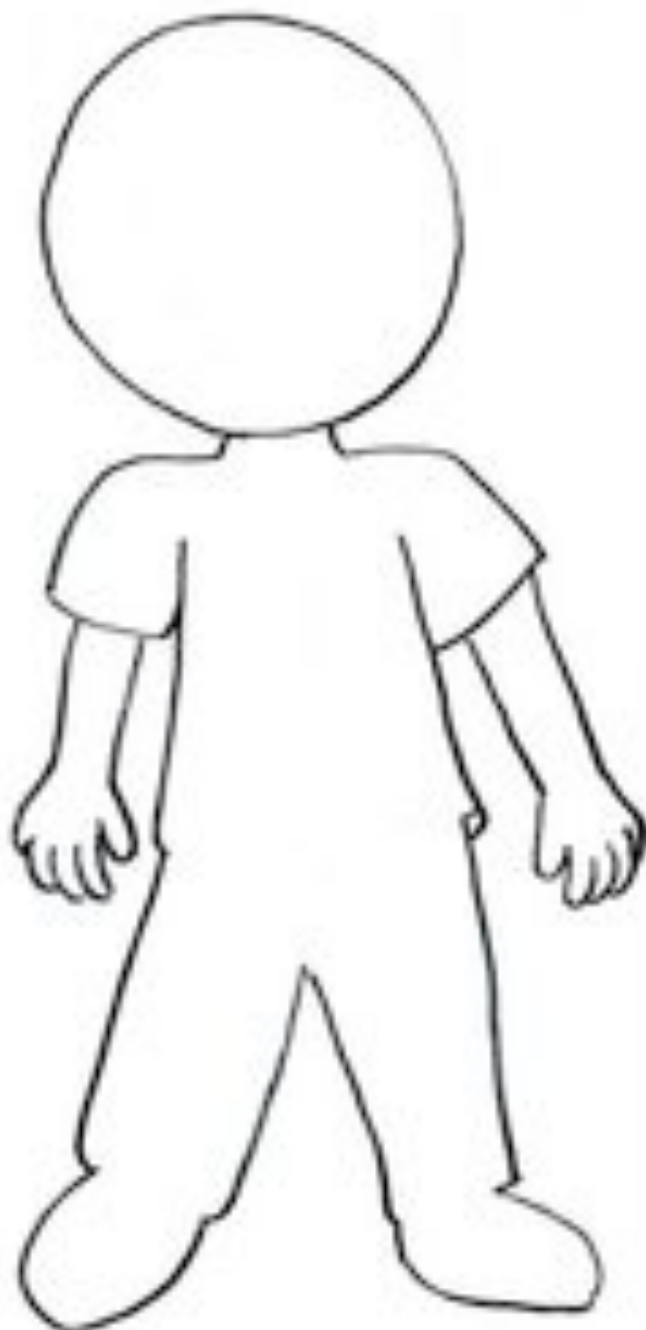
Promise: I promise to share and be friends.



APPENDIX
GUIDE UNIFORM

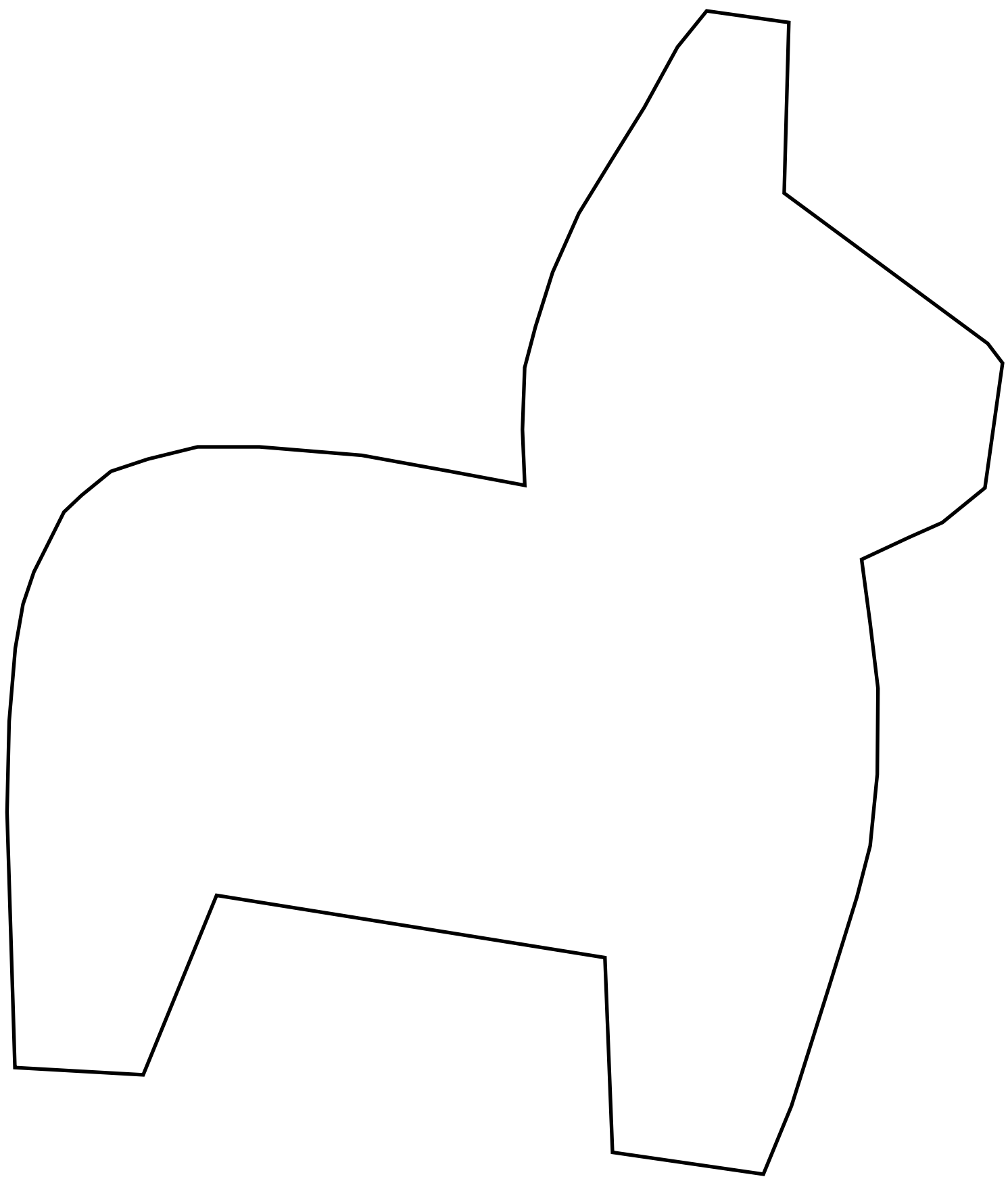


UK Guiding Uniform

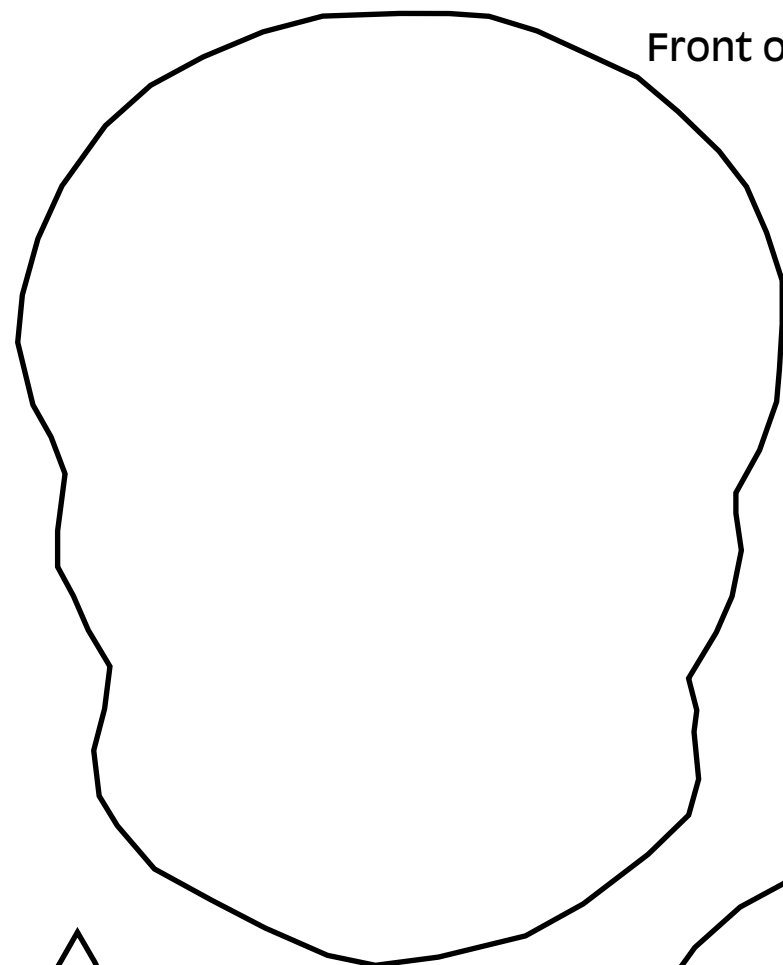


Mexico Guiding Uniform

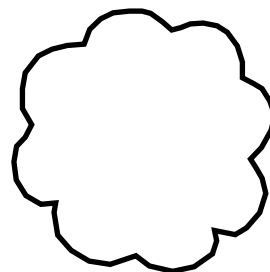
MINI PINATA TEMPLATE



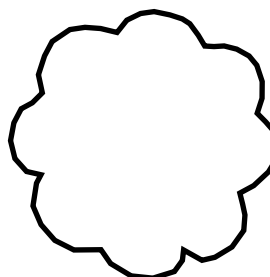
CALAVERAS SKULL BROOCH TEMPLATE



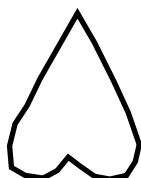
Front of Skull



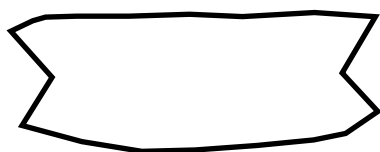
Flower Eye



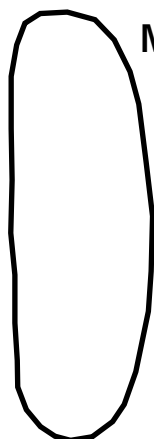
Flower Eye



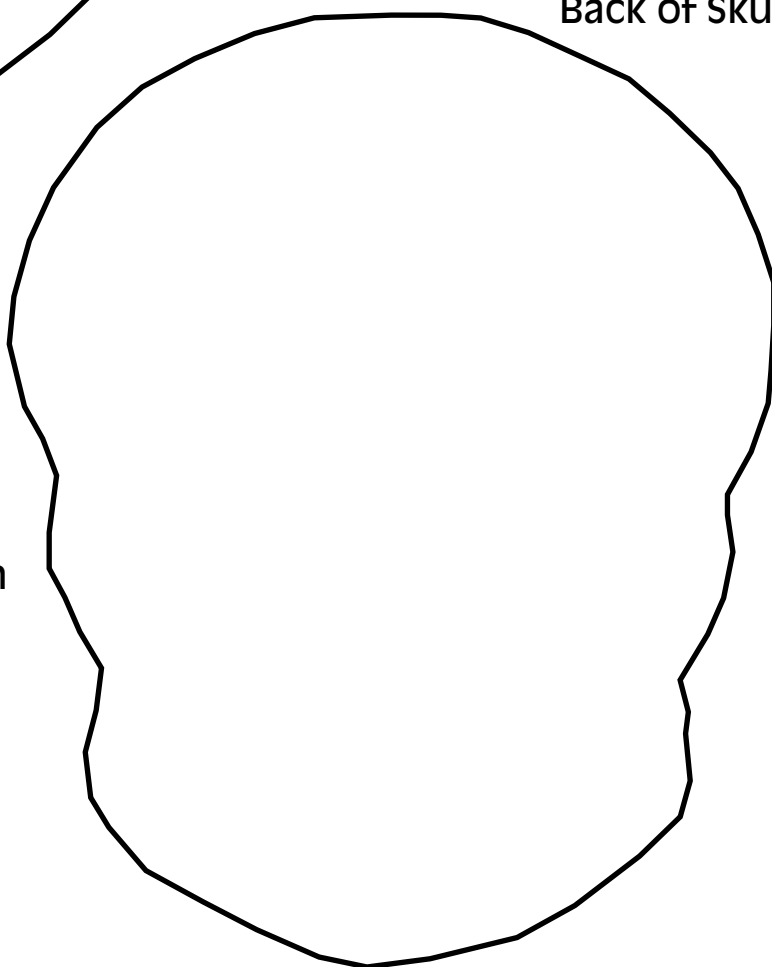
Nose



Teeth



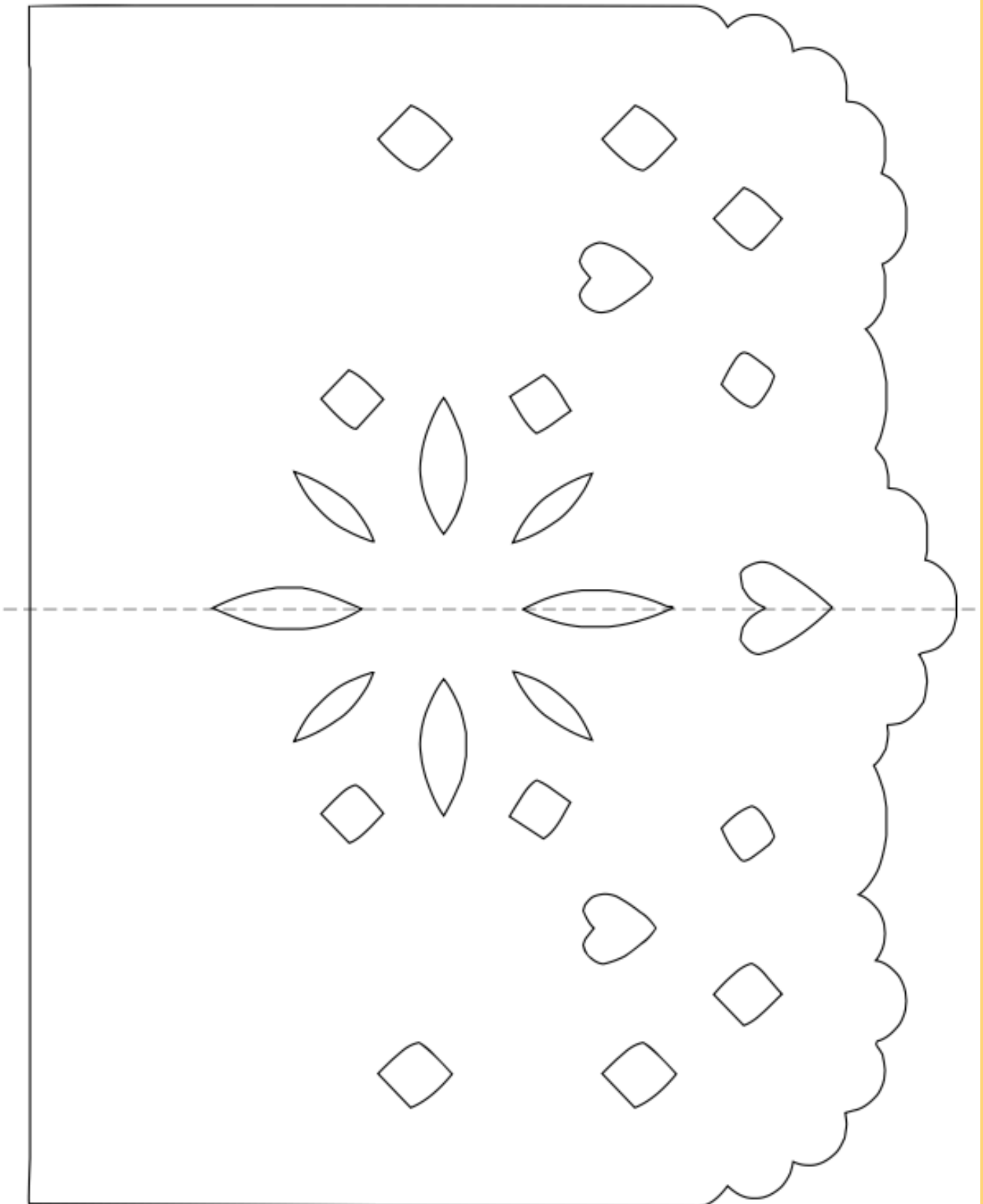
Mouth

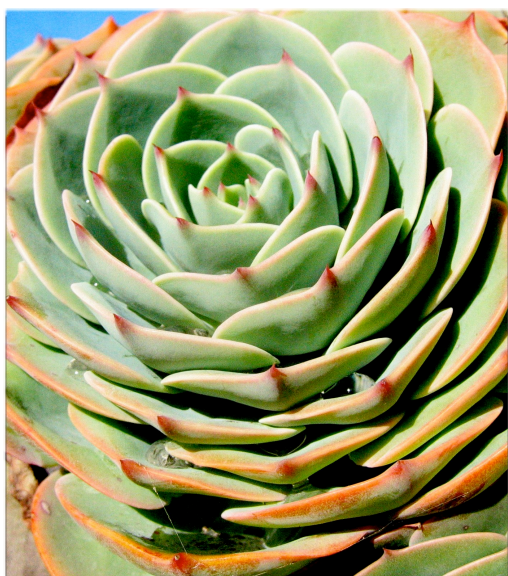


Back of Skull



PAPEL PICADO BANNER TEMPLATE



CACTUS PICTURES

AZTEC PATTERN EXAMPLES



LLAMA DRIVE

1 Eyes

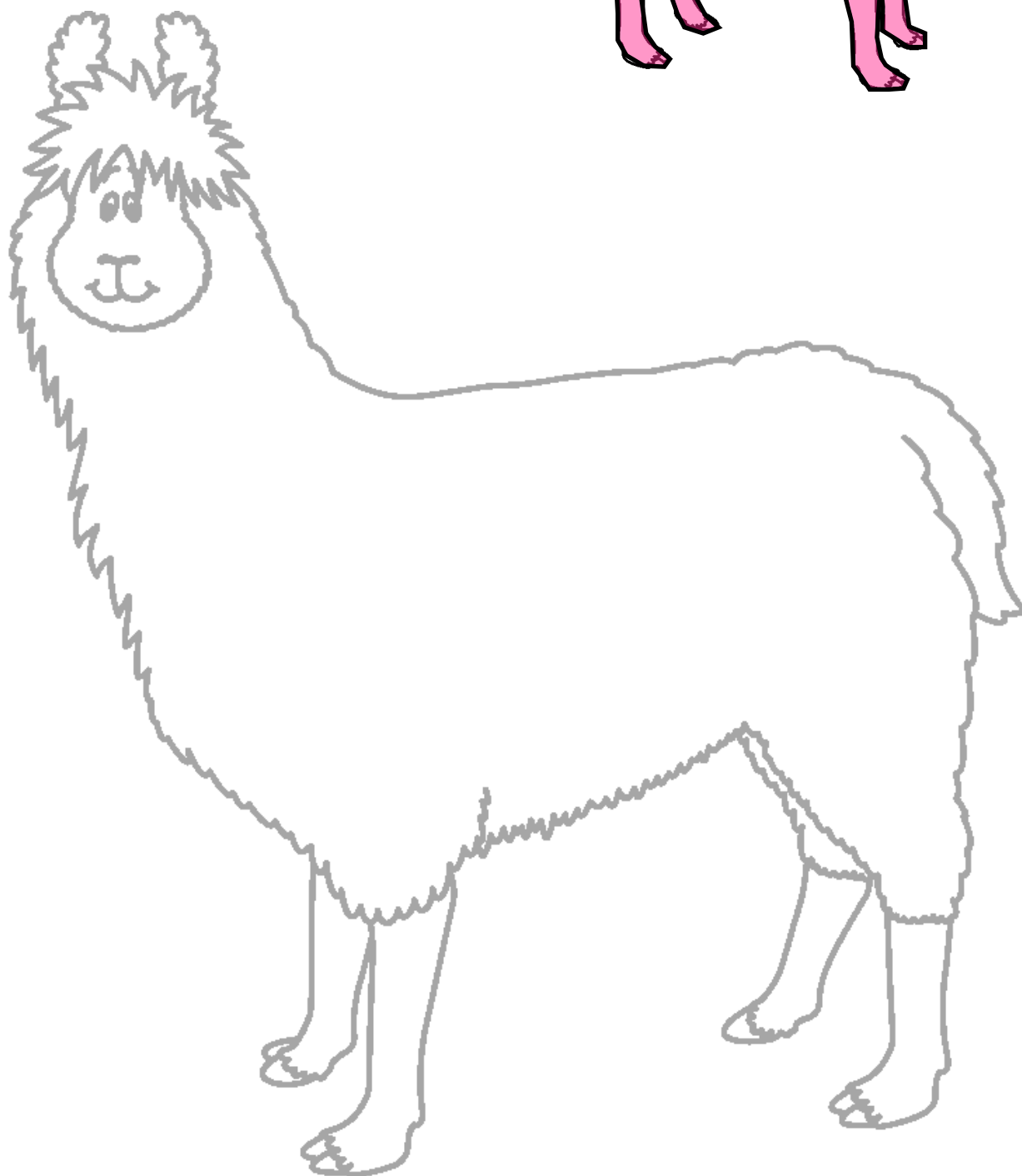
4 Ears

2 Legs

5 Head

3 Tail

6 Body



Trace over the llama if you want!



OUR CABANA - MEXICO - 2015

We have been chosen to represent our county on an international trip to Mexico in 2015. The aim of our trip is to meet and befriend people from all over the world in Girlguiding and Scouting, but more importantly, to take part in a service project with the local community. This will focus on the children of the local area (surrounding Mexico City). To take part in this once in a lifetime opportunity we must fundraise £2,500 each!

CHOCOLATE QUIZ

Welcome to the Chocolate Quiz! Figure out the names of the chocolate bars, write them in and then return the sheet to claim your prize.

1. Sly giggles

2. Mother's local

3. Garden flowers

4. Arranged marriage partners

5. Edible fasteners

6. Big bus

7. The colour of the woods at night

8. Cow juice container

9. Star cluster

10. Superman, Spiderman and Batman are all these

11. Online Ms Sweeney, Balding and Danes

12. Definitely not before 20.01 hrs

13. 100% Au

14. Little frog

15. Clever individuals, these

16. Big cats pub

17. Up for discussion?

18. Black and white swimmer

19. Reward

20. This becomes you, according to the song

21. Half a flying machine? Could well be

22. Shhhh! Talk quietly!

23. Like toast, or autumn leaves, maybe

24. Mediterranean islanders

25. Marshall Mathers

26. Make it up

27. Gentle wave action

28. Break in American football

29. Ten cent pub

30. Voodoo in a box

31. Just outside Birmingham

32. One who wanders

33. Give you a leg up

34. I need a late night snack

35. Pub for celebrities

36. Passenger carrying vehicle

37. Made in the Swiss mountains?

38. Single snowy deposit

39. Ambassadors treats

40. The 'E' is missing from this pet food

41. Bite!

42. Contains our solar system

43. Leave the pack

44. A high class thoroughfare, could be
Park Lane or Mayfair

45. Tudor entertainers

46. Would cows lay these?

47. Chewy Walkers

48. Twist and turn

49. Container for all milk products

50. Useless for playing the piano

51. Saturn, Jupiter etc.

52. Are you a _ case?

53. This pub only sells cow juice

54. Beautiful lady from Istanbul

55. Only for truckers

56. This chap's fruit has gone brown!

57. Al fresco cuisine

58. Christmas and birthdays give rise to
these

59. Take it easy with the rabbit

60. Give us a _, Anthea!

/ 60



OUR CABANA - MEXICO - 2015

We have been chosen to represent our county on an international trip to Mexico in 2015. The aim of our trip is to meet and befriend people from all over the world in Girlguiding and Scouting, but more importantly, to take part in a service project with the local community. This will focus on the children of the local area (surrounding Mexico City). To take part in this once in a lifetime opportunity we must fundraise £2,500 each!

CHOCOLATE QUIZ

Welcome to the Chocolate Quiz! Figure out the names of the chocolate bars, write them in and then return the sheet to claim your prize.

1. Sly giggles

SNICKERS

2. Mother's local

MARS BAR

3. Garden flowers

ROSES

4. Arranged marriage partners

MATCHMAKERS

5. Edible fasteners

BUTTONS

6. Big bus

DOUBLE DECKER

7. The colour of the woods at night

GREEN AND BLACKS

8. Cow juice container

MILK TRAY

9. Star cluster

GALAXY

10. Superman, Spiderman and Batman are all these

HEROES

11. Online Ms Sweeney, Balding and Danes

ECLAIRS

12. Definitely not before 20.01 hrs

AFTER EIGHT

13. 100% Au

ALL GOLD

14. Little frog

FREDDO

15. Clever individuals, these

SMARTIES

16. Big cats pub

LION BAR

17. Up for discussion?

TOPIC

18. Black and white swimmer

PENGUIN

19. Reward

BOUNTY

20. This becomes you, according to the song

MOONLIGHT

21. Half a flying machine? Could well be

AERO

22. Shhhh! Talk quietly!

WISPA

23. Like toast, or autumn leaves, maybe

CRUNCHIE

24. Mediterranean islanders

MALTEASERS

25. Marshall Mathers

M & MS

26. Make it up

FUDGE

27. Gentle wave action

RIPPLE

28. Break in American football

TIME OUT

29. Ten cent pub

DIME BAR

30. Voodoo in a box

BLACK MAGIC

31. Just outside Birmingham

BOURNVILLE

32. One who wanders

DRIFTER

33. Give you a leg up

BOOST

34. I need a late night snack

MUNCHIES

35. Pub for celebrities

STAR BAR

36. Passenger carrying vehicle

TAXI

37. Made in the Swiss mountains?

TOBLERONE

38. Single snowy deposit

FLAKE

39. Ambassadors treats

FERRERO ROCHER

40. The 'E' is missing from this pet food

KIT KAT

41. Bite!

CHOMP

42. Contains our solar system

MILKY WAY

43. Leave the pack

BREAK AWAY

44. A high class thoroughfare, could be
Park Lane or Mayfair

QUALITY STREET

45. Tudor entertainers

MINSTRELS

46. Would cows lay these?

CREME EGGS

47. Chewy Walkers

TOFFEE CRISP

48. Twist and turn

CURLY WURLY

49. Container for all milk products

DAIRY BOX

50. Useless for playing the piano

CHOCOLATE FINGERS

51. Saturn, Jupiter etc.

PLANETS

52. Are you a _ case?

FRUIT AND NUT

53. This pub only sells cow juice

MILKY BAR

54. Beautiful lady from Istanbul

TURKISH DELIGHT

55. Only for truckers

YORKIE

56. This chap's fruit has gone brown!

TERRY'S CHOCOLATE ORANGE

57. Al fresco cuisine

PICNIC

58. Christmas and birthdays give rise to
these

CELEBRATIONS

59. Take it easy with the rabbit

CARAMEL

60. Give us a __, Anthea!

TWIRL

MAKE NEW FRIENDS LYRICS

English

1. Make new friends, but keep the old.
One is silver, the other is gold.
2. A circle is round, it has no end.
That's how long, I will be your friend.
3. A fire burns bright, it warms the heart.
We've been friends, from the very start.
4. You have one hand, I have the other.
Put them together, we have each other.
5. Silver is precious, Gold is too.
I am precious, and so are you.
6. You help me, and I'll help you .
And together, we will see it through.
7. The sky is blue, the Earth is green.
I can help, to keep it clean.
8. Across the land, across the sea.
Friends forever, we will always be.

Spanish

1. Amistad es lo que nos une,
Y lo que nos hace progresar.

Translation: Friendship is what unites us,
and what makes us progress.

BASIC SPANISH

¡Buenos días!

bway-nohs dee-ahs
Hello! / Good morning!

¡Buenas tardes!

bway-nahs tard-ays
Good afternoon!

¡Buenas noches!

bway-nahs noh-chays
Good night!

¡Hola! / ¡Chao!

oh-lah / chow
Hi! / Bye!

Adiós.

ah-dee-ohs
Good bye.

Por favor.

por fah-bor
Please.

Hasta la vista / Hasta luego.

ah-stah lah vees-tah / ah-stah loo-ay-go
See you / See you later.

Hasta pronto.

ah-stah prohn-toh
See you soon.

Hasta mañana.

ah-stah mahn-yahn-ah
See you tomorrow.

(Muchas) Gracias.

(moo-chahs) grah-see-ahs
Thank you (very much).

De nada.

day nah-dah
You're welcome.

Bienvenidos

byen-veh-nee-dohs
Welcome

Lo siento

loh see-ehn-toh
I'm sorry

¡Vamos!

bah-mohs
Let's go!

¿Cómo está usted?

koh-moh ay-stah oo-sted
How are you? (formal)

¿Cómo estás?

koh-moh ay-stahs
How are you? (informal)

¿Qué tal?

kay tahl
How's it going?

Bien / Muy bien

bee-ehn / moy bee-ehn
Good / Very good

Sí / No

see / noh
Yes / No

¿Cómo se llama usted?

koh-moh say yah-mah oo-sted
What is your name?
(formal)

¿Cómo te llamas?

koh-moh tay yah-mahs
What is your name?
(informal)

Me llamo... / Mi nombre es...

may yah-moh / mee
nohm-breh ess
My name is...

Igualmente.

ee-guah-l-mehn-tay
Same here. / Same to you.

Señor / Señora / Señorita

sayn-yor / sayn-yor-ah /
sayn-yor-ee-tah
Mister / Mrs. / Miss

¿De dónde eres?

day dohn-day eh-rehs
Where are you from?
(informal)

Yo soy de...

yoh soy day
I'm from...

¿Hablas inglés?

ah-blahs een-gleh-s
Do you speak English?
(informal)

(No) Hablo...

noh ah-bloh
I (don't) speak...

Yo (no lo) sé.

yoh noh loh seh
I (don't) know.

¿Cómo?

koh-moh
What? Pardon me?

Te amo.

tay ah-moh
I love you. (informal and
singular)

MEXICAN HOLIDAYS

CINCO de MAYO

Cinco de Mayo (translated "May 5th") is a Mexican holiday that has become a celebration of independence, liberty and freedom (very popular in the USA). But the actual event that Cinco de Mayo commemorates a very proud moment in Mexican history that happened on May 5, 1862. On that day, in the state of Puebla, about 100 miles east of Mexico City, heavily outnumbered Mexican soldiers preserved the democratically elected government of President Benito Juarez against an invading French army. The French army, sent by Napoleon III, had arrived in Mexico under the premise of collecting debt from the Mexican government's depleted treasuries. However, Napoleon III's real intention was to overthrow the elected government and install a monarchy. But the Mexican army defeated the much larger and much more experienced French army. The victory was a great source of national pride for Mexico and is celebrated each year!

EL GRITO de INDEPENDENCIA - INDEPENDENCE DAY

Every 16th of September, Mexicans celebrate Mexico's independence from Spanish rule. The date actually marks the start of the Independence War, which lasted for 10 years. In the early hours of September 16, 1810, Father Hidalgo and a group of conspirators rang the bell of his small church and called everyone to fight for liberty. Today, the story is re-enacted in every zocalo, or plaza, in Mexico. Flags wave from every structure. Lighted decorations are put up, and people of all ages join in Mexico's biggest fiesta.

LOS DIAS de LOS MUERTOS

Día de los muertos means Day of the Dead, but it is really a Mexican celebration of both life and death. Held on November 1st and 2nd, celebrants honor the spirit of family ancestors. Spirits of children are thought to return on the 1st and adults on the 2nd. Altars are built, and then covered with food and decorations. Cemeteries are decorated with fresh flowers. Paper mache sculptures depict the dead in an everyday context, such as skeletons, and most are comical in nature. Through music and feasting, everyone embraces the totality of both life and death. It is a time of celebration.

LAS POSADAS

Las Posadas begins on the 16th of December and continues for the next nine nights. Through candlelight processions and festive parties, participants remember the long journey undertaken by Joseph and Mary, and their search for lodging in Bethlehem. In fact, "posada" means "shelter". A woman and man portraying Mary and Joseph lead the procession, followed by children in the roles of angels, The Three Kings, and shepherds. Others carry candles, paper lanterns and banners as they proceed from house to house in search of a place to stay. At each residence along the procession route they are refused shelter, until at last, they are welcomed in at the last home. Then, a grand party with food for all is held.

Source: <http://www.elmonterey.com/extras/festivals-and-celebrations/>



CHALLENGE



Thank you for taking part in the Mexico Challenge – we hope you enjoyed it! Fill in the form below and send it with your payment to receive you Mexico Challenge Badges. Thank you for your support!

The badges are approximately 7.5cm (3") and embroidered (see above).

I would like _____ (QTY) of the "Mexico Challenge" Badges @ £1.50 each.

Enclosed with this order is a cheque for £ _____. made payable to:
Worcestershire Guide Association

Please note that the price of £1.50 includes postage and packing costs. The exception to this are large orders (over 50 badges) which are subject to a postage and packing cost of a £1.00 flat fee.

Contact Details _____

Unit: _____

County: _____

Name: _____

Tel: _____

Email: _____

Delivery Address _____

Post Code: _____

Please post your order to:



Mexico Challenge Badge
Girlguiding Worcestershire County Office
Acre Lane
Droitwich
Worcestershire
WR9 9BE

If you have any queries, questions or corrections, please do not hesitate to contact the team leader, Bridget, by email: bgpitchers@me.com