

Welcome to our Around the Regions Challenge badge. To earn the badge take part in one challenge from each section.

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Badges cost £1 and £1 p&p for 5 or fewer badges or £1.50 for more than 5 badges.

Please complete the form below and send your order to

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Funds raised will go towards leaders trip to Kenya in 2017 and then will be split between the units.



### Anglia

#### Norfolk

Norfolk is the driest county in the UK.

- Look at an area affected by drought and the consequences it has on that population.
- Look at ways to conserve water and how to spread the message that saving it will help the environment (see appendix)

The name 'Norfolk' derives from the Anglo-Saxon for the place of the North folk. ('Suffolk' being the place of the South folk.)

Learn about the points on a Compass and how to read a compass. Know how distinguish North/ south without a compass. (See appendix) <a href="http://dragon.sleepdeprived.ca/games/compass/compass.htm">http://dragon.sleepdeprived.ca/games/compass/compass.htm</a>

Howard Carter - the archaeologist who discovered the tomb of Tutankhamen grew up in Swaffham Norfolk and has his own museum there.

- Have your own excavation (see appendix).
- Make your own canopic jars to preserve your organs.
- Play the Mummy game.
- Build your own pyramid.
- Write your name in hieroglyphics.

Suffolk

Harry Potter was born in Suffolk... And so was Voldemort The medieval village of Lavenham in Suffolk was the inspiration for Harry Potter's fictional birthplace, Godric's hollow, and its magical streets feature in Harry Potter and the Deathly Hallows – part 1 and part 2. You can even spend a week in the potters' cottage (known to muggles as de vere house).

- Have a Harry Potter Evening.
- Make a wand.
- Play Quidditch.

Twinkle Twinkle Little Star was written by Jane Taylor in Lavenham, Suffolk, in 1806.

Make a song book for your unit or your district to use at campfires.

The Silver spoon sugar factory is in Bury St. Edmunds.

- Learn how to lay the table for silver service.
- Spin some sugar to decorate a dessert.

#### **Essex**

Waltham Abbey is the burial place of King Harold who died in the Battle of Hastings. The battle of Hastings tapestry suggests that Harold was killed by an arrow.

 Have a go at archery or make your own bow and arrow (see appendix)

The first ever radio broadcast was made in Chelmsford on June 15 1920.

- Make a radio broadcast or read a script to a blindfolded group. Did you keep their attention?
- Learn the Morse code and communicate it using sweets for the dots and dashes.

### Buckinghamshire

Home to the beloved Roald Dahl for 36 years and the museum dedicated to his his adventurous life and his swishwiffling stories. The BFG "Big Friendly Giant" had his own language Gobblefunk.

- Make up your own language or learn a new language.

### Bedfordshire

Harold Abrahams the 100m sprint Olympic champion in 1924, which featured in the movie Chariots of Fire, was born in Bedford.

 Have a sponsored Fun Run to raise Money for a local charity.

### Hertfordshire

Gatwards, which first opened its doors in 1760, is the oldest familyrun jewellers in England.

- Make a friendship bracelet and add some beads.
- Make craft stick bracelets (see appendix)

Victoria Beckham once Posh Spice now fashion Designer was born in Hertfordshire.

- Design an outfit/ new uniform for your section.
- Make clothes from newspaper

The Hot Cross Bun is said to originate in St Albans.

- Make Hot cross buns (see appendix)

# Oxfordshire

Alice, from Alice in Wonderland, was a real girl named Alice Liddell. She was the daughter of the Dean at Christ Church, who was a friend of Charles Dodgson (A.K.A. Lewis Carroll), who taught at the College. Dodgson spent much time with Alice and her family, and immortalized her in his books.

Have you own Mad Hatters Tea party.

Oxford is the home of the world famous Oxford English Dictionary. Oxford University is the oldest English-speaking university in the world.

Play scrabble, make your own wordsearch, have a spelling bee.

Oxfam, the Oxford Committee for Famine, was founded in Oxford in 1942 and the original building is still an Oxfam store and it's on Broad Street.

Donate unwanted items to Oxfam as a unit.

# <u>Cambridgeshire</u>

Individuals associated with Cambridge University have won 89 Nobel Prizes in all six disciplines covering physics, chemistry, peace, literature, physiology, and medicine. Cambridge also claims the most Nobel Prizes in physics at 29 in total.

- Complete an activity from brownie science investigator badge/guides science badge.
- Rainbows can make a harmonica to demonstrate how sound waves vibrate, or build a structure using sweets (see appendix)

Cambridge has a very long list of notable alumni from across the disciplines. Among the many there are Charles Darwin, Sir Isaac Newton, Stephen Hawking, C.S Lewis and David Attenborough.

- Complete a wildlife diary
   www.rspb.org.uk/discoverandenjoynature/families/children
   /join in/competitions/naturediary.aspx
- or take part in the big garden birdwatch.

Lincolnshire

Lincoln Castle is home to one of the most important historical documents in the UK – the Magna Carta. The Magna Carta was the very first document to set out the Law, as we know it today.

Make a set of Guidelines for your unit for you all to adhere to.

Do you like and eat sausages? Lincolnshire is home to the famous Lincolnshire sausage which is different to all other sausages because it is made with the herb sage.

- Make sausage rolls (see appendix) or eat Hot dogs.

English mathematician and physicist Sir Isaac Newton was born in a manor house at Woolsthorpe, near Grantham, in 1642, where he made many of his most important discoveries about light and gravity during the plague years of 1666-7. Visitors to the National Trust property can still see the famous apple tree that inspired his thoughts on gravity from one of the bedroom windows.

Make campfire apples, have a go at apple bobbing.

### **LaSER**

# Canterbury cathedral

- Make a stained glass window sun catcher using tracing paper, cellophane, glass paints or sweet wrappers
- Visit your local cathedral follow or make up a trail round it.

# Brighton or other seaside town

The pier at Brighton used to have silhouettists on.

- Make a silhouette picture of your head or famous landmarks
- Have a sandcastle competition
- Visit a Punch and Judy show or put on your own using puppets

# Greenwich

The meridian goes through France, Spain, Algeria, Mali,

Burkina Faso, Ghana

- Ghana makes its own beads from glass, make a bead bracelet or necklace
- Burkina Faso uses old cans to make ornaments can you make something from a can
- The worlds time is set from Greenwich, make a clock

### London

- Make a phone box pencil pot
- Visit a key landmark in London
- Try jellied eels

## <u>Dover</u>

The shortest distance across the channel is 20.6 miles

- Can you as a group walk or swim this distance?

# Wimbledon

Strawberries and cream are served at the tennis.

- Make your own strawberry dessert
- Have a tennis night play short tennis, see how many times you can keep a ball bouncing
- The Wombles live on Wimbledon common, tidy an area in which you live

## Bluebell Railway

- Take a trip on a train
- The Bluebell Railway was used in the film the Railway Children. They surprised the station master with presents on his birthday because they knew his family would not be blue to afford much. Make a donation to your local food bank
- Watch the Railway Children
- Make a train from sweets

## **Epsom**

- Go horse riding
- Watch a horse race, show jumping eventLearn how to plait and practice on each other

#### Fishbourne Roman Villa

is famous for its mosaics, make a mosaic coaster

## **RHS Gardens Wisley**

- Grow a plant from seed
- Visit local gardens
- Go on a walk and spot wild flowers
- Create a vegetable patch within your garden and eat your home grown veg

#### **Midlands**

### Cosford

Royal Air Force museum

- Make edible planes. Instructions in appendices.
- Have a paper aeroplane competition
- Create lollipop stick aeroplanes. Instructions in appendices.

# **Shropshire**

Ironbridge is a famous bridge that was constructed in cast iron in 1781. Its famous because this material hadn't been widely used before.

- Can you use Jelly babies and spaghetti to make a bridge or tall tower. How long can you make the bridge without it collapsing, how tall can you make your tower?

#### Bourneville

## Cadburyworld

- Make chocolate cupcakes. Recipe in appendices.
- Design your own chocolate bar. Handout in appendices.
- Make a collage using chocolate wrappers.
- Have a chocolate tasting evening

### Stratford

# William Shakespeare

- Create your own play and design your own costumes.
- Complete William Shakespeare word search. Available in appendices.
- Learn some commonly used words by William Shakespeare.

# <u>Wawrick</u>

Warwick Castle is a medieval castle developed from an original built by William the Conqueror in 1068.

- Make edible crowns and tiaras like the ones that would have been worn in 1068. Recipe in appendices.

# **Stourport**

# Chain making.

Make your own paper chains to decorate your meeting place.

### **Wolverhampton**

Denise Lewis was born in Wolverhampton, she won the gold medal in the heptathlon at the 2000 Sydney Olympics.

- Compete in your own mini Olympics
- Make an Olympic Torch. Instructions in appendices.
- Make Olympic medals. Instructions in appendices.

## <u>Birmingham</u>

Has 35 miles of canals which is even more then Venice with 26 miles of canals.

- Make your own Venetian masks. Printouts and instructions available in the appendices.

John Richard Dedicoat invented the bicycle bell in 1877.

- Go on a bike ride or make a paper bicycle toy. Instructions in appendices.

In 1902 George Andrew Darby patented the first electrical heat detector and smoke detector.

- Learn about fire safety by visiting a fire station

# **North East England**

<u>Cricket.</u> Headingley hosts test matches

play non stop cricketwatch a cricket match

- provide cakes/ help serve cricket teas

<u>Castles</u> Northumberland has many castles

visit a local castle and make a tourist information film

about it

- make a cake to look like a castle

<u>Chocolate.</u> York is famous for chocolate with Terrys, Craven and Rowntree

having factories there

- have a chocolate tasting night, which do you prefer

Rapper Dance A famous dance from the north east

have a go at learning this dance see appendices.

<u>Stotties</u> - try making this Northumbrian bread

<u>Dark Sky</u> Northumberland has the largest Dark Sky area in Europe.

- go star gazing

- Make star constellations using stickers or pin pricks (see appendix)

Complete the Stargazer badge (Brownies)

Holy Island The Lindisfarne Gospels were illustrated with illuminated letters,

- Colour one of your own.

- Can you draw your own illumination?

<u>Sheep</u> The Yorkshire Moors are home to many sheep.

- Make a sheep mobile

- Make something from wool

<u>Yorkshire Puddings</u> - Design an interesting filling for your Yorkshire

pudding sweet or savoury

Rhubarb Triangle The Rhubarb Triangle is a 9-square-mile (23 km²) triangle in West

Yorkshire, England between Wakefield, Morley and Rothwell famous

for producing early forced rhubarb.

- make rhubarb crumble

Chutney Cake Jam

### North West England

### <u>Liverpool</u>

Home of the Beatles, arguably the most famous boy band ever.

- Hold a karaoke evening.
- Have a 1960's Fancy dress evening.
- Have a name that Beatles song quiz.
- Learn to play the ukulele as a group

Liverpool is famous for its ports and docks and was where the famous RMS Titanic was registered.

- Make your own boat, name it and have a boat race.

The Grand National is a National Hunt horse race held annually at Aintree Racecourse in Liverpool.

- Make a hobby horse and have a race night to act out your own grand national.
- Visit a stable or learn how to care for a horse.

### Lancashire

Blackpool is the home of the pleasure beach, illuminations and the Blackpool tower.

- Visit a fairground/ theme park.

Blackpool illuminations are an annual light festival.

- Learn about and celebrate other festival of lights celebrated around the world.

(http://www.everythingesl.net/lessons/light\_festivals.php)

Blackpool Tower has its own ballroom.

- Hold a strictly come dancing evening.
- -

### **Lake District**

Once the home of the beloved Beatrix Potter and her collection of children's story books. July 2016 will be Beatrix potter's 150<sup>th</sup> Birthday.

- Celebrate by having a party with all of her characters.
- Read her books and let them inspire you to write your own children's book.

She left her house "Hill Top" to the National Trust.

 Visit a national trust attraction or complete 50 things to do before you're 11 ½ (<a href="https://www.50things.org.uk/">https://www.50things.org.uk/</a>)

Home of Kendal Mint Cake

- Make Kendal mint cake (see appendix).

William Wordsworth 1770-1850 the famous poet was born in Cumbria. His most famous poem is Daffodils and said to be the poem of the Lake District.

- Plant/ make some daffodils (see appendix)

### Chester

Founded by the Romans in 79AD. The Romans taught us about health, hygiene and medicine.

- Complete the Glitter germ activity to show girls how easily germs are spread (see appendix).
- Make bath bombs.
- Have a how to wash your hands evening following the clean your hands NHS campaign (see appendix.)

The Romans also brought us our roads

- learn about road safety / how to read an A-Z street map.
- Learn Roman numerals and write your birthday in roman numerals.
- Make a mosaic picture
- Hold a toga evening.

### Manchester

Emmeline Pankhurst, the leader of the Suffragette movement, was born and raised in Moss Side.

 Look at other inspirational women who have changed the world for the better. Talk about how you will change the world.

Sir Robert Peel 1788-1850 was born in Bury. He founded the first modern police force.

- Ask a local police officer to visit your unit and talk about how to stay safe in your area.

#### Isle of Man

A small island in the Irish Sea between England and Ireland. Famous for its cross county motorcycle TT race.

- Look at motor cycle safety and what riders should wear to be safe.
- Ask a cycle proficiency trainer to come and work with your unit (https://bikeability.org.uk/)
- Complete an interest badge relevant to your section (guides sports/hobbies, brownies cyclist badge, rainbows can be used towards get healthy).

The Isle of Man is also famous for its Manx cat, the tailless one (according to legend, two Manx cats were last to board Noah's Ark and their tails became trapped in the closing door)

- Look at the different breeds of cat and how to care for a cat.

#### Southwest

Poole

Famous for sun seekers yachts.

Make a luxury edible yacht. Instructions in the appendices

When out on the sea knots are very important

- Learn these basic nautical knots. Instructions in the appendices

Isle of Wight

Scientist Robert Hooke was originally from here.

 Can you use his law of elasticity to make a rubber band powered car? Instructions in the appendices.

Made up of lots of different colours of sand.

- Can you create some colourful sand art? Examples in the appendices.

Wiltshire

Stonehenge is an amazing prehistorical monument:

- Make your own monument out of salt dough to last years and years. Recipe in the appendices.

**Bath** 

Known for its Roman built baths.

 Practice your bathing technique at your local swimming pool.

Produce your own special bath salts. Instructions in the appendices

<u>Wells</u>

Wookey Hole Caves are a series of limestone caverns with their very own legends of a "witch of Wookey Hole."

- Make your very own witches hat and broomstick. Examples in the appendices.

Wookey Hole Cheese is cave aged cheddar cheese.

- Have a party and include cheese tasting to see if you can taste the difference between different types of cheese

Somerset

Cheddar Gorge offers lots of xtreme activities.

Go caving or rock climbing somewhere in your local area

Glastonbury is held here almost every year.

 Hold your own mini music festival with music, food and drink you could even invite other units and raise some money for a local charity or your own unit!

Cornwall

Eden Project

- Make your own mini garden. Instructions in the appendices.
- Make a bird feeder. Instructions in the appendices.
- Visit a local garden near you or even take a trip to the Eden Project

Tintagel Castle - Linked with the Legend of King Arthur.

Make your own Medieval Sword. Examples in the appendices.

Cornwall has lots of lighthouse's on its coast.

- Make a light up Lighthouse. Instructions in appendices.

### Cornish cream tea.

- Make your own scones and enjoy them with clotted cream. Recipe in the appendices.

# **Wareham**

# Monkey World

Make different types of monkeys they could be crafty monkeys, edible monkeys or thumb print monkeys. Examples and instructions in the appendices.

# **Cheltenham**

Edith How-Martyn was a British suffragette that did a lot of work for women's rights.

- Make a 'Votes for Women' rosette and wear it proudly. Information and instructions in the appendices.

### Scotland

Tartan

Design your own tartan. Template in appendices.

**Dolly the Sheep** 

She was the first mammal to be successfully cloned, born on 5 July 1996 at the Roslin Institute, Edinburgh.

> Make your own edible dolly cupcakes. Recipe in the Appendices..

Highlands

Highland cows

Make some highland cows. Ideas and Instructions in the appendices.

# **Highland Games**

Have a highland games evening, practice the caber, tug of war, hammer throw and shot put

Kilts

Traditional Scottish Highland Dress

- Design your very own family kilt.
- Have a newspaper fashion show and make your own kilts

Loch Ness monster

- Visit a loch (lake) near you and take part in some watersports
- Make your very own loch ness monster. Ideas and instructions in appendices.

**Edinburgh** 

The Elephant House - Opened in 1995, The Elephant House has been made famous as the place of inspiration to writers such as J.K. Rowling, who sat writing much of her early novels in the back room overlooking Edinburgh Castle.

- Make your own magic wands using sticks and glitter. Instructions in the appendices.
- Make your own origami sorting hat and see which house you belong to. Printout in the appendices.

A symbol of Scotland is the Scottish thistle. This dates back to the era of Viking conquests of Scotland. According to one legend a Norse army was trying to sneak up on a Scottish camp at night, but he stood on a thistle, leading him to exclaim in pain and give up their position.

- Make your very own Scottish thistle. Instructions in the appendices.
- Decorate cookies to look like the Scottish flag

Scottish Flag

Famous Scottish musical instruments.

Make your own musical instruments. Instructions in the appendices.

Roxburghshire

Sir David Brewster was a physicist and inventor of the kaleidoscope.

> Make your own kaleidoscope. Instructions in the appendices.

Thistle

Bag pipes

<u>Dundee</u>

James Chalmers was the inventor of the adhesive postage stamp.

Design your own stamp and use it to send someone a letter. Template available in the appendices.

#### Ulster

<u>Finn McCool and</u> - read the story

<u>The Giant's Causeway</u> - act out your own version

- film it and watch each other's performance

- play the newspaper game to cross from Ireland to

Scotland

Make potato bread - Recipe in appendix

Make soda bread - Recipe in appendix

<u>C S Lewis was born in Belfast</u> - make a lion like Aslan from The Lion, the Witch and

the Wardrobe

face paint each other as lions

<u>St Bridgid's Cross</u> - make a cross from straws

St Patrick

<u>banishes snakes from Ireland</u> - visit snakes or find a company who will bring them to

you. Will you be brave enough to hold one? Make a convection snake (see appendix)

<u>Shamrock</u> - Weave a shamrock

Potato or string print a shamrock design

<u>Frank Pantridge developed</u> – learn some resuscitation

<u>the heart defibrillator</u> - complete the Healthy Heart Badge (brownies)

- Keep your heart healthy by running for a given

time/distance.

<u>Titanic</u> - watch the film Titanic

Make a boat which will hold an apple without sinking

- Make a boat that runs on candle power (see

appendix)

George Best Footballer - have a penalty shoot out

attend your local football matchchallenge another unit to a match

- have a 'keepy uppy' challenge

#### Wales

St Davids Day

The national day of celebration in Wales is the feast day of Saint David, the patron saint of Wales.

> Have a St David's day feast eating traditional welsh food like welsh cakes and welsh rarebit. http://www.visitwales.com/explore/traditions-

history/recipes (see appendix)

Snowdonia

Snowdon (or Yr Wyddfa) is the highest mountain in Wales and England standing 1085m (3560 ft.) tall.

> Why not try having a go at an indoor climbing wall. You could climb the height of Snowdon as a unit

Rugby

Rugby Union is seen as the national sport and is passionately played and followed by most of the country.

> - Why not learn to play rugby or have a taster session/ tour of a local rugby ground.

Castles

The country of Wales is said to contain more castles per square mile than any other country in the world.

> Learn about the different parts of a castle http://castles.org/dokuwiki/kids/parts-of-a-castle/parts-ofa-castle -Make a model castle and decorate with the welsh flag. (See appendix)

The Red dragon

The Red Dragon (Y Ddraig Goch) is the Welsh national flag.

Make a wooden spoon dragon or dragon puppet. (See appendix)

Sheep

The population of sheep in Wales is four times greater than the Welsh population of humans.

- Watch a sheep dog rounding up sheep or play round up mv sheep.
- Make some sheep crafts (see appendix)

Celtic

Welsh is a Celtic based language that has seen a resurgence in recent times but is only spoken by 21% of the population.

> Learn some Celtic greetings or learn the meaning of some Celtic symbols

Welsh dolls

The Welsh doll is a symbol of the traditional Welsh costume worn by ladies have a go at making some welsh dolls (see appendix)

King Arthur

Wales is the supposed land of the mythical King Arthur.

- Watch the sword in the stone.
- Read the tales of King Arthur/ tales of Excalibur.
- Talk about what qualities a knight should have.
- Design your own coat of arms.
- Practice your wizarding skills to train to become merlin

Coal

Cardiff's Coal Exchange (completed in 1886) was once where the price of the world's coal was determined.

- Learn about fossil fuels and renewable energy.
- Make a wind powered car (see appendices)